



Travis County Commissioners Court Agenda Request

Meeting Date: November 18, 2014
Prepared By/Phone Number: David Salazar
Office of the Travis County Judge
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Elected/Appointed Official/Dept. Head: Samuel T. Biscoe
Travis County Judge

Commissioners Court Sponsor:

AGENDA LANGUAGE:

APPROVE RESOLUTION RECOGNIZING THE MONTH OF NOVEMBER 2014 AS "NATIONAL ALZHEIMER'S DISEASE AWARENESS MONTH" IN TRAVIS COUNTY.

BACKGROUND/SUMMARY OF REQUEST AND ATTACHMENTS:

Please see attached.

STAFF RECOMMENDATIONS:

ISSUES AND OPPORTUNITIES:

FISCAL IMPACT AND SOURCE OF FUNDING:

REQUIRED AUTHORIZATIONS:

EXECUTIVE COMMITTEE MEETING

MEETING DATE: November 12, 2014

AGENDA ITEM: # 4 Adopt the Resolution Recognizing National Alzheimer's Disease Awareness Month

GENERAL DESCRIPTION OF ITEM:

There are **304,841** seniors over the age of 60 who reside in the CAPCOG region. For the entire CAPCOG region, the growth rate of the over 60 age group is expected to be 96.6% from 2010 to 2030. It is expected that there will be a doubling of the over 60 population from an estimate of 304,841 in 2014 to a projected population of 634,611 in 2030. The over 85 population is expected to grow by a slower rate of 32% between 2010 and 2020, however that growth will be extended to a total of 134% by 2030.

November marks Alzheimer's disease Awareness Month. Alzheimer's disease is a serious public health problem that particularly affects older adults. About 5 percent of people ages 65 to 74 have Alzheimer's disease and almost half of people aged 85 years and older may have Alzheimer's disease. Symptoms of Alzheimer's disease can include a gradual loss of memory, disorientation, difficulty in making judgments, a decline in the ability to perform routine tasks and personality changes.

According to the Alzheimer's Association facts and figures (2013 Update); someone develops Alzheimer's disease every 67 seconds and 1 in every 3 seniors dies with Alzheimer's or another dementia. Alzheimer's disease is the 6th leading cause of death in the United States and there are approximately 500,000 people dying each year because they have Alzheimer's. Women are at the epicenter of the Alzheimer's epidemic. In her 60's, a woman's estimated lifetime risk of developing Alzheimer's is 1 in 6 compared to the risk of developing breast cancer at 1 in 11. Almost 2/3 of Americans with Alzheimer's are women and more than 60% of Alzheimer's and dementia caregivers are women.

The Association report further recognizes that Alzheimer's is the most expensive disease condition in the nation. In 2014, the direct cost to American society of caring for those with Alzheimer's will total an estimated \$214 billion, including \$150 billion in cost to Medicare and Medicaid. Despite these staggering figures, Alzheimer's will cost an estimated \$1.2 trillion (in today's dollars) in 2050. The financial toll of Alzheimer's on families rivals the costs to Medicaid. Total Medicaid spending is \$37 billion and out-of-pocket spending for individuals with Alzheimer's and other dementias is estimated at \$36 billion. The entire report is located at http://www.alz.org/alzheimers_disease_facts_and_figures.asp

It is estimated that there are 330,000 people living with Alzheimer's in Texas this year. That number is expected to increase to 490,000 by 2025, which represents a 48% increase in 11 years.

The Area Agency on Aging (AAA) provides a specialized Evidence Based Program called Stressbusting for Family Caregivers™ which helps caregivers with reducing stress. The AAA is participating in a WellMed Healthcare Foundation and Adult Protective Services grant that identifies caregivers through a stress assessment delivered at the WellMed clinics. The Caregivers are referred directly to the AAA for wrap around services and enrollment in the Stressbusting program to help reduce the probability of abuse and/or neglect situations.

The attached resolution declares November 2014 to be Alzheimer's Awareness Month in the Capital Area Council of Governments (CAPCOG) region to bring to bring awareness to the services and supports for those who are caregivers and to those who are diagnosed with Alzheimer's disease.



TEXAS

ALZHEIMER'S STATISTICS

alzheimer's  association®

Over **5 million Americans** are living with Alzheimer's, and as many as **16 million** will have the disease in 2050. The cost of caring for those with Alzheimer's and other dementias is estimated to total **\$214 billion** in 2014, increasing to **\$1.2 trillion** (in today's dollars) by mid-century. Nearly **one in every three seniors** who dies each year has Alzheimer's or another dementia.

Number of people aged 65 and older with Alzheimer's by age

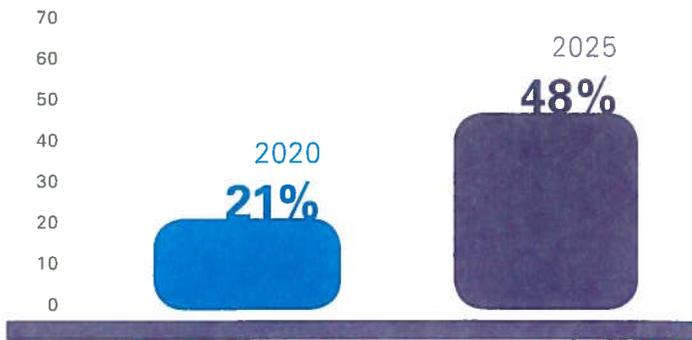
Totals may not add due to rounding.

Year	65-74	75-84	85+	TOTAL
2014	51,000	150,000	130,000	330,000
2020	69,000	180,000	160,000	400,000
2025	83,000	230,000	180,000	490,000

Percentage of seniors with Alzheimer's disease

11%

Percentage change from 2014 in the number of seniors living with Alzheimer's disease



Number of Alzheimer's and dementia caregivers, hours of unpaid care, and costs of caregiving

Year	Number of Caregivers (in thousands)	Total Hours of Unpaid Care (in millions)	Total Value of Unpaid Care (in millions)	Higher Health Costs of Caregivers (in millions)
2011	1,270	1,446	\$17,528	\$625
2012	1,294	1,474	\$18,174	\$665
2013	1,302	1,482	\$18,457	\$679

Number of deaths from Alzheimer's disease in 2010

5,209



A RESOLUTION AUTHORIZING RECOGNITION OF NATIONAL ALZHEIMER'S DISEASE AWARENESS MONTH (NOVEMBER 2014)

WHEREAS, the ten-county Capital Area Council of Governments (CAPCOG) is home to more than 304,841 citizens aged 60 years or older; and,

WHEREAS, approximately 5 percent of people ages 65 to 74 have Alzheimer's disease and about half of people aged 85 years and older develop Alzheimer's disease; and,

WHEREAS, Alzheimer's disease is the 6th leading cause of death among American adults and the 5th leading cause of death for people aged 65 years and older; and,

WHEREAS, about 5 million Americans have Alzheimer's disease and 15.5 million people care for a loved one with the disease; and,

WHEREAS, mortality rates for Alzheimer's disease are rising, unlike heart disease and cancer death rates that continues to decline; and,

WHEREAS, as the population in the U.S. ages, more people are at risk for Alzheimer's disease and other age-related dementias; and,

WHEREAS, awareness of services and supports can help people with Alzheimer's disease and their caregivers manage the illness and control its impact on their lives; and,

THEREFORE, BE IT RESOLVED, that the Executive Committee of the Capital Area Council of Governments declares the month of November 2014 to be Alzheimer's Disease Awareness Month in the CAPCOG Region to bring awareness to the services and supports for those who are caregivers and to those who are diagnosed with Alzheimer's disease.

Resolution adopted by the Capital Area Council of Governments Executive Committee on this 12th day of November, 2014.

Judge Wayne Brascom, Chairman
Executive Committee
Capital Area Council of Governments

Mayor Debbie Holland, Secretary
Executive Committee
Capital Area Council of Governments