



Travis County Commissioners Court Agenda Request

Meeting Date: May 6, 2014

Prepared By/Phone Number: Juanita Jackson/854-4467

Elected/Appointed Official/Dept. Head: Sherri E. Fleming,
County Executive for Health and Human Services and Veterans Service

Commissioners Court Sponsor: Judge Samuel T. Biscoe

AGENDA LANGUAGE:

Receive briefing on the Capital Area Food Bank of Texas report by Kathy Green, Senior Director of Advocacy and Public Policy.

BACKGROUND/SUMMARY OF REQUEST AND ATTACHMENTS:

See attachment report and presentation

STAFF RECOMMENDATIONS:

No recommendation

ISSUES AND OPPORTUNITIES:

See attachment report and presentation

FISCAL IMPACT AND SOURCE OF FUNDING:

No Fiscal Impact

REQUIRED AUTHORIZATIONS:

Mary Etta Gerhardt, Assistant County Attorney'
Leroy Nellis, Acting County Executive, Planning and Budget Office
Cyd Grimes, CPM, Travis County Purchasing Agent
Nicki Riley, CAP, CMA, Travis County Auditor
Patty Lennon, Financial Analyst, Travis County Auditor's Office
Aerin Toussaint, Analyst, Planning and Budget Office
Sherri Fleming, County Executive, HHSVS

AGENDA REQUEST DEADLINE: All agenda requests and supporting materials must be submitted as a pdf to the County Judge's office, agenda@co.travis.tx.us by **Tuesdays at 5:00 p.m.** for the next week's meeting.



Capital Area Food Bank of Texas
2011-2012 Annual Report



Photo of Ana G., by Joel Salcido

Mission

To nourish hungry people and lead the community in ending hunger.

Contents

- 2 Thank You
- 3 Clients
- 5 Donors
- 7 Volunteers
- 9 Programs
- 11 Community Events
- 13 Advocacy and Public Policy
- 15 Finances
- 17 Honorable Mentions
- 19 Our Service Area
- 22 Board of Directors

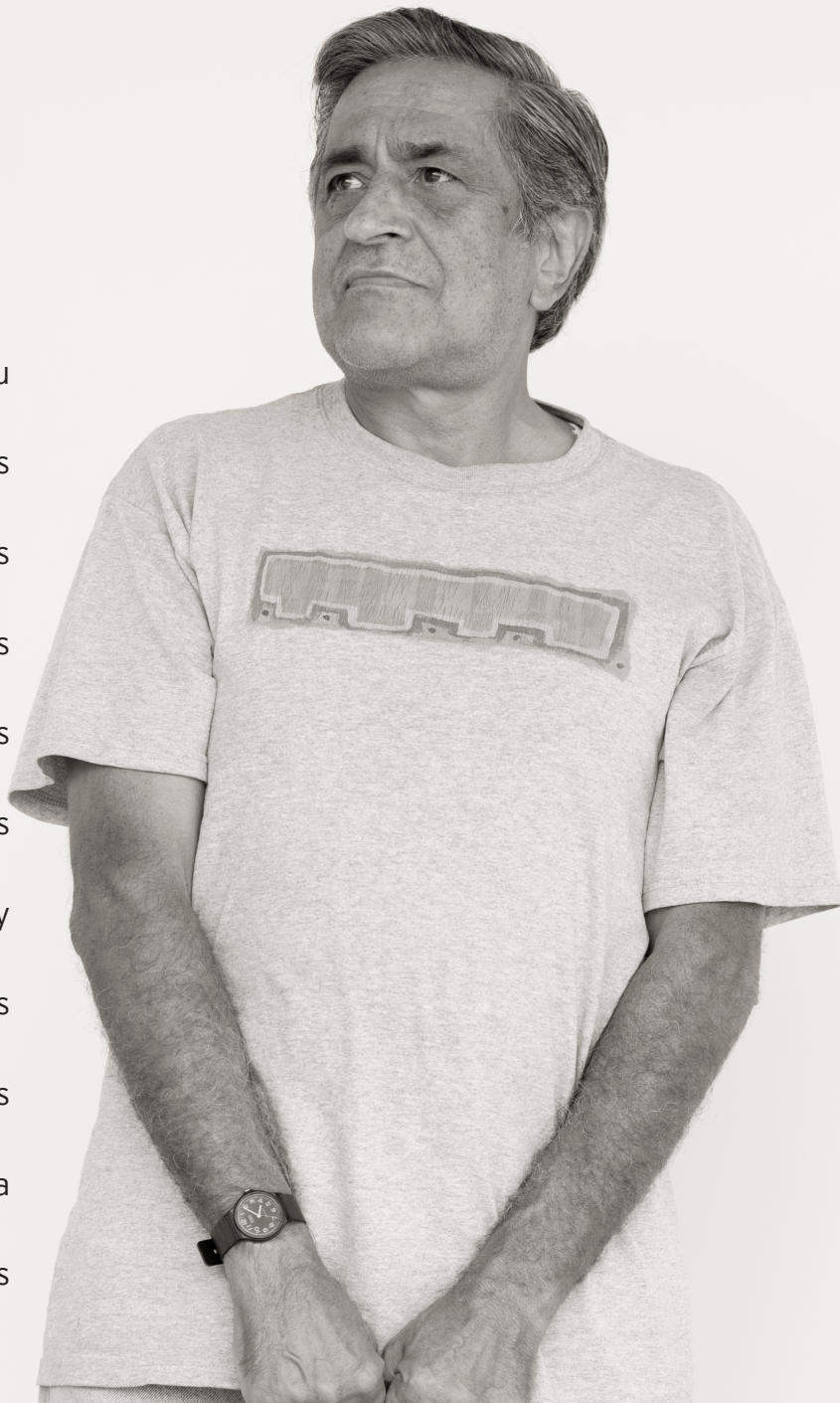


Photo of Fabio S., by Joel Salcido

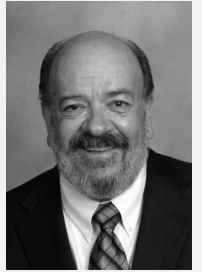
Dear Friends,

It is said walking in someone else's shoes always helps bring perspective. While it might be hard for you to imagine what it is like to stand in line for food at a food pantry or soup kitchen, or not know where your next meal will come from, it is clear that from the support we received this year many of you stretched your imaginations and were able to slip on those shoes, however worn they may be. And for that we thank you.

Central Texas continues to boom. Our population is growing at a phenomenal rate and while many continue to do well, a growing number among us are not able to prosper and are being left behind economically; a tale of two cities is emerging. Hidden in full view, an increasing number of individuals, children, even seniors, find themselves at risk of hunger, unable to afford to put food on their tables and nourish their families. This means difficult choices are being made every day: medicine or food, rent or food, utilities or food, gas or food? The food and services your support allows us to provide, makes those choices a little easier for many, and for that we thank you.

For many families, our hunger relief network of 300 Partner Agencies and programs across 21 counties provides a vital source of fresh fruits, protein and vegetables. From emergency food to disaster relief, community resources and nutrition education, people from all walks of life count on us when all else fails them. Your help enables us to be a lifeline to 48,000 Central Texans every week, people who look just like you and me, deserving of food and assistance, whom we treat with dignity and compassion. And for that we thank you.

We believe hunger is unacceptable, and you have shown us we can accomplish what is right, even when it is not easy. We are truly grateful for your support, and know that your Food Bank will continue to meet the challenge and work tirelessly to fulfill our mission, creating a hunger-free community.



HANK PERRET
President & CEO



MATT DOW
Board President

Clients

From energetic children enjoying an after-school snack, to a military family picking up fresh produce, the families and individuals we serve come from all walks of life. Every week, 48,000 people receive groceries, nutrition education and support from the Capital Area Food Bank. Our clients define our mission: to nourish hungry people and lead the community in ending hunger.

Meet Lacy & Daisy...

Lacy is from Sonora, Texas, but has been living in San Saba for several years. "I don't know how long I've been coming here, but it's been a while," she said. "Here" is the Food Bank's distribution at a recreation center in the City of San Saba. As a single mom in between jobs, Lacy has to be creative to make sure there is enough to eat. "I mow lawns sometimes," she said.

Lacy proudly volunteers at the mobile food pantry distribution, helping her neighbors, many of them facing the same tough circumstances as she does. "It helps me a lot," she said, "so I'm glad to help too." Between volunteering and caring for her 3-year-old daughter and 5-year-old son, she stays busy.

After several hours of volunteering, Lacy picks up groceries from the pantry to take home to her children. "We don't have much money," she explained. Her daughter Daisy turned 3-years-old in December. They didn't plan a big celebration, but Lacy believes it will be ok. "She hasn't left my side but once in three years," she said smiling. "We're always together."

Photo of Lacy H. & Daisy H., by Joel Salcido



Donors

Thank you to the more than 18,000 individuals, companies, foundations and organizations that made financial gifts to support our mission. We cannot do what we do without your help. You nourished our neighbors when they needed you most.

Every \$1 donated provides 2.5 nutritious meals to Central Texas families. But you are doing more than feeding families, you are feeding hope.



Photo of H-E-B Staff at the Austin Chronicle Hot Sauce Festival





Photo of Second Bar + Kitchen Staff at the Summer Food Service Program Kick-Off

Volunteers

Volunteers at the Food Bank know the face of hunger well. From a workplace group packing and moving heavy boxes filled with nutritious food, to a high school student carrying out groceries to a senior client's car, our volunteers are the smiling face and helpful hand that make a tough day brighter. Volunteer support is vital in helping us remain effective and efficient, thus increasing our impact across the community.



This year, more than 19,000 volunteers contributed over 93,000 hours, the equivalent of 47 full-time staff members.

Programs

Thanks to your generosity, the Food Bank was able to fund important programs that provide nutritious food to hungry Central Texans. Whether in schools, after-school programs or outreach to older adults, Capital Area Food Bank is developing efficient strategies to alleviate hunger and to improve lives in our community.

CENTRAL TEXAS FOOD RESCUE

Collected more than 7.4 million pounds of nutritious food in partnership with over 125 local and national grocery stores, wholesalers and farms.

CHOICES

Conducted 351 nutrition education classes and cooking demonstrations at 63 sites throughout Central Texas, reaching 2,144 individuals.

FRESH FOOD FOR FAMILIES

Provided more than 1.5 million pounds of fresh produce to an average of 4,502 families every month.

HEALTHY OPTIONS PROGRAM FOR THE ELDERLY (HOPE)

Distributed supplemental staple groceries at 22 sites to nearly 3,400 older adults every month.

KIDS CAFE

Served more than 225,000 nutritious meals to children at 27 sites.

SOCIAL SERVICE OUTREACH

Submitted 917 Supplemental Nutrition Assistance Program applications and provided information on community resources to more than 12,740 individuals.

SUMMER FOOD SERVICE PROGRAM

Served more than 28,000 nutritious meals and 14,600 healthy snacks to children at 37 sites in Travis County.

“WHEELS OF SHARING” MOBILE FOOD PANTRIES

Served more than 185,000 people at 36 distribution sites.



Community Events

From food drives at local schools, to the Austin Reggae Fest, the Capital Area Food Bank benefitted from more than 700 events in 2011-12. These included cause-related marketing events, food and fund drives, sponsored events. Each ticket sold and every can donated delivers healthy, nutritious food to our community, and brings us closer to achieving our mission.

Photo from left to right:
 H-E-B Check Presentation for Help End Hunger, Reggae Fest, Charity Bash, Austin Chronicle's Hot Sauce Festival, Austin Empty Bowl Project, Applied Materials Food and Fund Drive, Summer Food Service Kick-off with Chef Bull, Mattress Firm Food Drive, Austin Construction, Souper Bowl of Caring, Stamp Out Hunger and A Legacy of Giving.



In 2011-12, the community raised more than 1.3 million pounds of food through community food drives.



Advocacy and Public Policy

As the largest hunger-relief charity in Central Texas, we know that food insecurity is complicated and requires diverse strategies to deliver meaningful solutions. From Washington D.C., to the State of Texas Capitol, we advocate for public policy issues on behalf of those at risk of hunger. In partnership with Feeding America and the Texas Food Bank Network, we work together on the common agenda of introducing stakeholders and decision makers to the face of hunger in our community.

Photo of Sara P., by Joel Salcido

95% of our partner food pantries say they could no longer serve clients if the Food Bank shuts down tomorrow.



Finances

Charity Navigator has recognized the Capital Area Food Bank for its fourth consecutive 4-star evaluation. Only six percent of charities rated receive this distinction.



Revenue	
Total Public Support and Revenue:	\$47,228,552
Expenses	
Program Services:	\$44,083,546
Management and General:	\$967,026
Fundraising:	\$1,176,940
Total Expenses:	\$46,227,512
Net Assets at End of Year:	\$13,629,840

Management and General Expenses 2.1%
Fundraising Expenses 2.5%



Program Expenses 95.4%

We return more than 95 percent of all donated resources back into the community in the form of programs and services.

Our Top 100 Donors

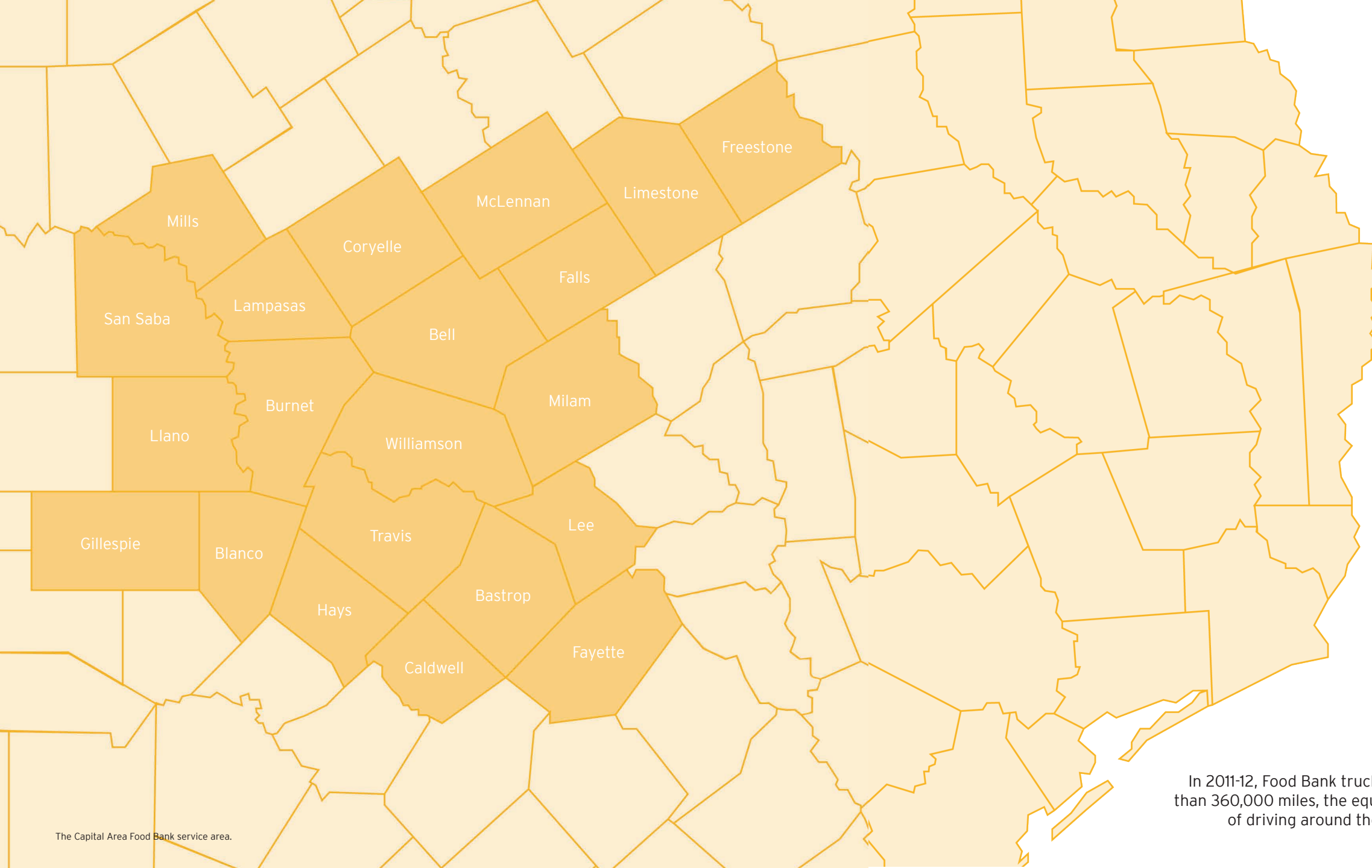
3M	Cathy and Dwight Thompson Foundation	HealthTronics	Ross Doan
Advanced Micro Devices	CenTex Foundation Repair	H-E-B	Safeway, Inc.
Alan and Kimberly McCollum	Charles H. Phipps Family Foundation	Heron Capital Partners LTD	Samsung Austin Semiconductor, LP
Alvarez & Marsal Holdings, LLC	Cherry Morrill	Houghton Mifflin Harcourt	Schoen Foundation
American Campus Charity Foundation	Church World Service	IBM	Silicon Laboratories
Andrew Craig and Melanie Engerski	Cigna	Jack and June Spencer	St. David's Foundation
Andrew Thompson	Cisco Systems	James Morrow	Stark Martin Charitable Trust
Annette Renaud	Citizen Generation	Jeffery and Ivy Larson	Susan Finkel
Annie Boyd	Connie Britt	John and Melissa Zapp	Susan Lynn
Anonymous Donors	Cosmopolitan Rotary Club of Austin	John R. Wright and Eloise Mountain Wright	The Howard G. Buffett Foundation
Apple	Curtis Nelson	Jollyville Sertoma Club, Inc.	The Link Foundation
Applied Materials	David C. DeLong	JP Morgan Chase	The Mills Dennis Family Foundation
Arnold Foundation	David Newburger	KCL Foundation	The Mitte Foundation
Austin Community Foundation	Dehan Family Foundation	Kraft Foods	The Nowlin Family Fund
Austin Empty Bowl Project	Dell	Leonard and Patricia DiSanza	Topfer Family Foundation
Austin Professional Landmen's Association	Donald D. Hammill Foundation	Liaison Resources, LP	Torbett Clements
Austin Radiological Association	Dr. Gloria L. Foley	Lisa and Phil Gilbert	Town Lake Chapter of The Links, Inc.
Austin Reggae Festival	Edward Warnicke	Lola Wright Foundation	United Way For Greater Austin
BBVA Compass Foundation	Elizabeth Stepp	Lucille Geib	Valero Energy Company
Beaumont Foundation of America	Eric and Keri Stumberg	Mercy Works Foundation	Vinson & Elkins, LLP
Brown Distributing Company	Garber Family Foundation	National Farmers Union	William and Elizabeth Cook
Bryant W. Burke	Gay Heavilin and Charles Jenkins	National Instruments	William Wen
	Global Technical Staffing Partners LLC	P. Terry's Burger Stand	Winkler Family Foundation
	Hank and Mary Perret	Pat and Susie Kelly	
		Patrick and Aimee Butler Family Foundation	
		Ray and Judy Ellison	

Our Top 100 Volunteer Groups

3M	Del Valle High School Life Skills Volunteer	McBeth Recreation Center	Target
AISD Life Skills	Dell	Michigan State Alumni Club of Central Texas	Texas Public Health-UT Austin
Alpha Phi Omega	Delta Sigma Pi	Muslims Without Borders Texas	Texas School for the Blind and Visually Impaired
AMD	Dimensional Fund Advisors	National Charity League	Texas School for the Deaf
American Marketing Association - Austin Chapter	Eanes ISD	National Instruments	Texas Youth Commission - Turman House
AmeriCorps	Eanes ISD Special Needs 19+	National Iranian American Council	The Church of Jesus Christ of Latter Day Saints
Anderson NHS	East Austin College Prep	NFP Advisor Services Group	Tigers in Service
Applied Materials	Emerging Scholars Program	Notre Dame Club of Austin	Travis County Medical Society
Ashli McKee's Wedding Party	Food Bloggers Alliance	Nu Gamma	TSBVI Volunteer
Austin Cosmopolitan Rotary Club	Freescale	Oak Hill Elementary 5th Graders	Tzu Chi
Austin CPA	Gamma Beta Phi	Phi Theta Kappa	University of Rhode Island Alternative Spring Break
Austin Stone Community Church	Girl Scouts of the USA	PMB Helin Donovan	UT Arlington Baptist Student Ministry
BancVue	GO Project Volunteer	Project 7 Austin	UT Asian Business Students Association
Bank of America	Grand Parkway	Regents 3rd Graders	UT Austin Phi Delta Chi
Be the Change	Greater Mount Zion	Rudy's	UT Business Class
Beta Alpha Psi	H2Outreach	Samsung	UT Community Nutrition
Bethany Lutheran Church	Hays Hills Baptist	Second Saturdays Fun with Food	UT Pre-Physician Assistant Society
BKD CPAs & Advisors	Heroes Camp	SERVE Austin	Westlake Chamber of Commerce
Bowie High School	Heart of Texas Returned	Single Volunteers of Austin	
Boy Scouts of America	Peace Corps Association	St. Catherine of Siena Catholic Church	
Breakthrough Austin	HP	Starbucks	
Coming of Age Austin	International Bank of Commerce	SWITCH	
Core Health	Khabele School	SWTX United Methodist MyMission	
Criss Cole Rehabilitation Center	LBJ School	Synopsys	
Crockett High School	LCAE Volunteer Leadership Program		
D&S Residential Services	Little Helping Hands		
	LSU Austin Alumni		
	Mary Lee Foundation		

Our Partners

Fulfilling Capital Area Food Bank's mission to lead the community in ending hunger takes us far beyond Austin city limits, into urban and rural locations across 21 counties in Central Texas. Our 300 Partner Agencies are essential to helping us make an impact by delivering healthy nutritious food to their neighbors in need and connecting us to their communities.



The Capital Area Food Bank service area.

In 2011-12, Food Bank trucks traveled more than 360,000 miles, the equivalent distance of driving around the world 14 times.

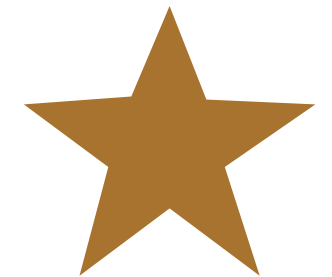




Photo of Ana G., by Joel Salcido

2011-2012 Board

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Ken Gladish, Ph.D., *Seton Foundations*

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Leslie Sweet, *H-E-B*

Catherine P. Thompson, *Motion Computing*

Jason Thurman, *PlainsCapital Bank*

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Applied Materials, Retired
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Matt Dow,
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Booker, Starkes & Patodia, Inc.

Leslie Sweet
HEB Grocery Company, LP

Catherine P. Thompson
Motion Computing, Inc.

Jason Thurman
PlainsCapital Bank

Mark J. Williams



People frequently ask me the question "Where do you get your food?" The response is that about one third comes through the U.S. Department of Agriculture, about one-third comes from local retailers through our Central Texas Food Rescue Program and the balance comes from food drives and purchases made by the Food Bank.

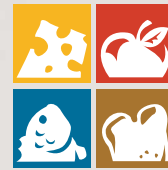
One of the Food Bank programs I am most proud of is our Central Texas Food Rescue program, noted above. Food Rescue saves valuable food, including safe and good perishable items like bread, produce and meat, from becoming food waste. Have you ever looked at yellow squash in the store and not purchased it because it had a couple of brown spots? Retailers will take produce like this off the shelf because many consumers won't buy it, not because the food isn't good. What's inside that squash is as good as one with no spots.

Through relationships with food retailers, wholesalers and distributors, we rescued over 11 million pounds of food in the last year – that's over 9 million meals for families facing hunger in Central Texas. Consider that in 2007, we rescued just over one million pounds of food, so we improved that by over 10 million pounds in the last six years. Not only is it important from a sustainability perspective that we rescue this food and keep it from going into the landfill, it's important from a financial perspective because this food is FREE to the Food Bank, allowing us to better utilize our funds and continue to reduce the cost per pound of food delivered to the community.

Programs like Central Texas Food Rescue are what make the Food Bank such a great value to our community, allowing us to turn your \$1 donation into \$5 worth of nutritious food.

Sustainability at the Food Bank is more than just the food we save. It's also taking every opportunity to turn waste into resources for us and our community. The Food Bank donates produce that's past its prime for use in compost, allowing us to eliminate the cost of having it picked up and tossed into the landfill.

This spring, as you grow your own garden, you can be a part of Food Rescue by donating extra produce directly to the Food Bank during our hours of operation. I hope that you'll join us in turning potential food waste into real food resources. Because a hunger-free Central Texas is a sustainable future for all of us.



Spring 2014

Feedback

austinfoodbank.org

Fighting Hunger, Farm to Table

From farm to family, how local farmer Vital Farms helps Central Texans in need.

How \$1 Fights Hunger

What can \$1 do in the fight against hunger? A lot more than you know.

Pilot Program Empowers Food Bank Partners

A Food Bank pilot program is the future in sustainability and hunger relief.

News from the Capital Area Food Bank of Texas

Feedback?

Questions, comments, suggestions?
Change of address? Receiving duplicate copies?
Email: communications@austinfoodbank.org

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Thank you for fighting hunger

We want to thank our generous sponsors for helping end hunger in our community.

Beaumont Foundation
of America

Grande Communications

Liaison Resources, LP

National Instruments

Fighting Hunger, Farm to Table



Pasture raised chickens at Vital Farms in Austin, located two miles from the Food Bank.

When people think of the Food Bank, canned foods are often the first thing that comes to mind. While healthy, shelf stable food is essential to fighting hunger in Central Texas, the Capital Area Food Bank is working to provide more fresh foods for the families we serve. With the support of generous donors and hard-working Partner Agencies, the Capital Area Food Bank has developed a network for procuring and distributing fresh foods.

The Food Bank collected over 11 million pounds of food in the last year through partnerships with more than 125 local and national grocery stores, wholesalers and farms. But how do these fresh food donations end up in the hands of our Central Texas neighbors at risk of hunger? Follow the story of local fresh food donor Vital Farms as their donation goes from farm, to Food Bank, to the fight against hunger.

Fresh from the Farm

Less than a mile from the Capital Area Food Bank headquarters in South Austin, an unlikely group of “ladies” have joined the local fight against hunger.

“We call them our ‘ladies,’” explained Dan Brooks, spokesman for local egg farmers

Vital Farms. This Austin, Texas based business produces pasture-raised organic eggs that are sold at Whole Foods stores nationwide. Brooks credits their success to “happy chickens,” which spend their days grazing on grass in an idyllic field.

“This system is less stressful for the chickens,” Brooks said, holding a delicate blue egg. “The result is we get much better eggs, in every measurable way.”

However, not all eggs that chickens produce are able to be sold, Brooks said. Due to a variety of circumstances, including

regulations and retailer expectations, some eggs are simply too small to sell to the general public.

Vital Farms’ problem is not unique to their operation. Food waste is rising as a national issue. A study published in 2013 by the Natural Resources Defense Council found that 40 percent of food in the United States today goes uneaten. This astounding amount is equivalent to \$165 billion lost annually, just to food waste.

The Capital Area Food Bank has developed a solution for local farms and businesses like

“We don’t want to waste what is an incredible resource.”

**-Dan Brooks,
Vital Farms**



Vital Farms, by creating a unique opportunity to donate fresh, healthy food. Food Bank staff members work with local businesses to identify healthy food and work to find a safe way for the business to donate to the Food Bank. So, rather than compost or dispose of their chickens’ eggs, Vital Farms donates this healthy protein for Central Texans at risk of hunger.

“We don’t want to waste what is an incredible resource,” Brooks said. “The Food Bank lets us donate the eggs that are of no use to us and enables access for people who would not normally have access to such a great source of protein.”

In the 2012-2013 fiscal year, Vital Farms donated over 37,000 pounds of eggs to the Food Bank. Helping fight hunger in Central Texas is a reflection of their values.

“Everything we do at Vital Farms is a community effort, as a business, we are a part of the community,” Brooks said. “For us, that means supporting the community.”

From Farm to Food Pantry

After Vital Farms’ eggs arrive at the Food Bank, the donations are placed in refrigerated storage, along with other donated fresh foods from other businesses and farmers. Every

week, the Food Bank’s Partner Agencies visit to select fresh produce to take back to their clients.

Faith-based organizations like Greater Mt. Zion Church in East Austin work with the Food Bank to provide nutritious food to the families seeking assistance.

“On a Saturday morning, we have lines going around the corner,” explains Karalin Joyce, the volunteer coordinator for the Greater Mt. Zion Church food pantry ministry.

In the last few years that she has managed the program, she has seen the need grow. Last year, Greater Mt. Zion Church Food Pantry distributed over 40,000 pounds of food to



more than 13,000 people.

The partnership with the Food Bank is necessary to meet the demand, but also allows the ministry to receive fresh produce.

“We collect canned goods,” Joyce said. “But we can only get fresh food from the Food Bank.”

From fruit and vegetables, to the eggs donated from Vital Farms, the fresh foods provided by the Food Bank help families make the most of their groceries.

According to the Food Research and Action Center, low-income and food insecure people

are more vulnerable to obesity and health challenges because they have limited access to fresh foods. The Food Bank has made fresh food a priority. By developing this network of donors, healthy foods can be made available to hungry Central Texans.

“It’s a nice treat and makes a big difference,” Joyce said. “You can use eggs for multiple things, like baking or breakfast.”

Most importantly, the clients appreciate the nutritious food.

“You can see everyone’s face light up. They say ‘‘Oh! They have eggs today!’’” Joyce said.

Tomasa is one of the clients delighted to receive the fresh food at the food pantry. Tomasa is currently living with her adult children. Retirement for the “sixty-something” year old woman has not been easy. Her limited income too often forces her to make tough financial decisions.

“Medicine, bills, food,” said Tomasa. “My (social security benefits) check is not enough to pay for it all sometimes.”

She borrows a neighbor’s car to pick up the monthly groceries from the food pantry. The extra help means she can stretch her income to make ends meet. Tomasa was surprised to learn that the healthy foods, like the fresh eggs, were donated by a local business.

“I give thanks to the people who donated,” she said. “This program is needed here.”



Your support of the Food Bank brings fresh food into the homes of hungry Central Texans. Give at austinfoodbank.org/donate.

UPCOMING EVENTS

Bacon and Beer Festival

Marchesa Hall, 6406 N. IH 35 # 3100
 Saturday, Feb. 22
 Two of Austin's favorite things—bacon and beer—come together for this festival hosted by Edible Austin. The festival will feature local chefs, restaurants and craft brewers and benefits the Food Bank. For more information, visit austinfoodbank.org/events.

Amplify Austin

Online
 Thursday March 20-Friday March 21
 Amplify Austin promises to be an exciting 24-hours to advance your philanthropic passion, and our vision for a hunger-free community. Starting on March 20 at 6 p.m. and ending on March 21 at 6 p.m. you can make a special gift to the Food Bank. When you give during Amplify Austin day, you'll allow us to continue our important work in Austin and throughout Central Texas. Sign up for our email newsletter at austinfoodbank.org to learn more.

34th Annual CROP Hunger Walk

Camp Mabry, 2200 W. 35th St.
 Sunday, March 23
 Communities Responding to Overcome Poverty (CROP) Hunger Walks help raise money for hunger relief programs in Austin and around the world. Teams of people in Austin will walk around Camp Mabry to help end hunger – one step at a time. For more information, visit austinfoodbank.org/cropwalk.

21st Annual Austin Reggae Festival

Butler Park, 1000 Barton Springs Rd.
 Friday, April 18-Sunday, April 20
 Join thousands of reggae lovers for the largest Food Bank fundraiser! Check out the arts and craft vendors, delicious food and entertaining music during this fun-filled three day festival. For more information, visit austinfoodbank.org/austinreggae.

22nd Annual Stamp Out Hunger

Saturday, May 10
 Join the National Association of Letter Carriers in the largest one-day food drive in the US. USPS carriers will distribute grocery bags the week of the event to all customers. Customers are asked to fill up the bags with non-perishable food items. All letter carriers in the Austin area will collect the bags of food on Saturday, May 10 and deliver them to the Food Bank. For more information visit austinfoodbank.org/stampout.



THANK YOU FOR FIGHTING HUNGER IN CENTRAL TEXAS!

- Assurant Donation**
 Assurant Field Asset Services Chief Marketing Officer Terry Sadowski presented a check for \$5,000 to the Food Bank.
- CANstruction**
 Fourteen competing teams raised over 35,000 pounds of food and created structures for display at Barton Creek Mall.
- Austin Empty Bowl Project**
 Featured handcrafted bowls created by local artists and celebrities, with proceeds benefiting our Kids Cafe Program.
- Applied Materials 5K**
 Applied Materials held a 5K Fun Run and Walk as a part of their annual Food and Fund Drive.
- HEB Donation**
 HEB donated a trailer full of cornflakes and mashed potatoes to the Food Bank for the holiday season.
- Downtown Austin Holiday Sing Along & Stroll**
 Families strolled to see our Can-Tree, sing holiday songs and watch the lighting of the Capitol Christmas tree.
- Luminations**
 LBJ Wildflower Center raised 7,194 pounds of food for the Food Bank at this annual event.
- Charlotte Pipe and Foundry Donation**
 Matthew Feggestad and Becky Michalka of Charlotte Pipe and Foundry Company donated \$3,000 to the Food Bank.
- Celtic Cowboys Charity Pub Crawl**
 Austin's Celtic Cowboys collected food and monetary donations during their annual pub crawl downtown.
- Pecan Street Association Donation**
 Pecan Street Association Board Member Shannon Sedwick presented a check for \$5,000 to the Food Bank.
- Fifth Annual Legacy of Giving**
 36 Austin-area schools raised over 52,000 pounds of food for the Food Bank.
- Volunteering in "Ugly" Holiday Sweaters**
 Volunteers dressed up for the Ugly Holiday Sweater theme shift in Product Recovery.
- Mrs. Baird's Bread Donation**
 Mrs. Baird's donated over 13,000 pounds of bread to the Capital Area Food Bank.
- Second Annual Stuff the Bus**
 Capital Metro and local Whole Food stores teamed up to try to stuff a bus full of food donations for the holidays.
- Randalls Turkey Donation**
 Randalls donated 1,000 turkeys to the Food Bank just in time for Thanksgiving.
- Sodexo Foundation Donation**
 Rebecca Mann, catering director at Sodexo, presented a check for \$5,000 to the Food Bank.

Local Solutions to Ending Hunger

By Kathy Green, Senior Director of Advocacy and Public Policy

Austin is a food town. Across the city, there is focus on how food is grown, distributed, prepared, and marketed. Upscale chefs garner national attention from using local food, and farmers markets see record attendance. At the same time, however, we have a significant part of our population that is food insecure. They aren't concerned about participating in any "foodie culture;" they're just trying to eat. How can we support both and possibly bridge the gap between this culture of haves and have nots?

Four years ago, the Austin-Travis County Sustainable Food Policy Board (SFPB) was established to address improving the availability of safe, nutritious, locally and sustainably-grown food at reasonable prices for all residents, particularly those in need. Our upscale food culture and the needs of low income residents may appear to be disconnected. Instead, they can both intersect and support each other.

Sustainable, healthy food should be a right for all, regardless of income. The reality is quite different, though. For many of our low-income residents, only processed, calorie-dense food is within reach. It is often the most affordable and accessible option to them. The result is that many of these residents face obesity and high rates of chronic diseases—diseases tied directly to a poor diet.

At the same time, for our local food economy to truly flourish, it must be supported and preserved by all sectors of our population—not just by the haves. A demand for more local, healthy food increases the accessibility. Sustaining local food does not involve only consuming food grown by others. It also means learning to grow on your own, whether in your backyard or in a community garden.

SFPB looks at all these issues as an advisory body to both the Austin City Council and the Travis County Commissioners Court. Members are appointed from agriculture, nutrition, public policy, and hunger relief sectors. I have served on the SFPB for the past two years as a representative of Capital Area Food Bank. To truly sustain the wellness and food security of all residents, deliberate policy decisions should address equitable access to healthy food. As the leading hunger relief organization in Central Texas, the Food Bank must be a part of those policy decisions. 🍎

How \$1 Fights Hunger



How can the Food Bank take your \$1 donation and turn it into 25 meals for clients?

Changes in agricultural practices, fluctuating global food markets, economic conditions and rising fuel prices are making food more difficult and expensive for food banks to acquire. Because the Capital Area Food Bank saw a dramatic increase in need in 2005, new stable sources of food were needed in order to keep Central Texas healthy and nourished. Donations from the U.S. Department of Agriculture and local food drives were simply not going to be enough.

In 2006 the Food Bank partnered with food retailers to develop the Central Texas Food Rescue Program. The program was designed to retrieve fresh produce, baked goods and meat from local grocery chains, food manufacturers and food wholesalers. This enables the Food Bank to capture perishable donations that would otherwise be discarded in landfills and distribute them to the hungry. Before implementing the Central Texas Food Rescue program, local food retailers and wholesalers had no viable method for consistently donating their excess products and were left with the most economically sound choice - discarding large quantities of unsold product as waste. This perfectly good food was being thrown away rather than being used to nourish community members in need.

The program has grown significantly in eight years. Last year the Food Bank rescued over 11 million pounds of food, or one-third of our annual distribution. This is one of the most effective ways the Capital Area Food Bank leverages your generous donations. By ensuring Central Texas Food Rescue has a healthy fleet of trucks, trained staff and fuel to make pick-ups at retail locations all across Central Texas, the Food Bank is capturing the most nutritious food possible with investment from supporters like you.

Because the Food Bank is using an innovative program to capture food that would otherwise be wasted, your generous gifts can be used to provide more food than ever. **Will you make a gift today to help us rescue nutritious food all year long? A donation of \$25 ensures that more than 62 meals will be shared with our neighbors who need it most.** 🍎



Pilot Program Empowers Food Bank Partners

Fredericksburg Food Pantry volunteer Tommy Moose picks up food donations three times a week thanks to the Capital Area Food Bank's Retail Pick Up Program.

On a bright and early winter morning, Tommy Moose pulled his pickup into the receiving area of the local Walmart Supercenter. As he entered through a side door, a chorus of friendly voices greeted Moose, the board president of the Fredericksburg Food Pantry. For the last six months, Moose has been coming three times a week to pick up food donations from this local store.

The manager on duty welcomed Moose and led him to today's food donation. Set aside in a cooler were half a dozen boxes, all filled with multigrain bread, vegetables and several packs of yogurt. Moose was delighted.

"We serve the working class people of Fredericksburg," Moose said. "They just can't feed their families. But this is going to help."

The Fredericksburg Food Pantry is one of 28 Partner Agencies that participate in Retail Pick-up Program. This pilot initiative connects food pantries, soup kitchens and faith-based organizations in the Capital Area Food Bank network to businesses that want to donate to their community. Through donor relationships cultivated by the Food Bank staff, Partner Agencies directly receive donations of perishable food, like fresh vegetables, dairy products and bakery items.

This efficient initiative not only results in more fresh food for the families we serve, but

allows the Food Bank's food rescue network to grow without straining limited staff and transportation resources. Since the program began in 2013, the Retail Pick-up Program has rescued 2.4 million pounds of food.

Most importantly, the Retail Pick-up Program empowers Food Bank Partner



Agencies to provide fresh and healthy food to the families they serve. This nutritious food makes it possible for the Fredericksburg Food Pantry to serve over 1,300 people every month.

"The food helps a lot," said Francisco, a client of the Fredericksburg Food Pantry.

Born and raised in Fredericksburg, Francisco is proud of all the local businesses he has worked for, including the famous wildflower nursery and a log cabin builder. But right now, he is focused on caring for his mother, who has had bad health recently. The family began receiving groceries from the Fredericksburg Food Pantry when Francisco needed to stretch his paycheck to cover bills and his mother's rising medical expenses.

"Without this help, I wouldn't be able to take care of her," Francisco explained. "I don't know what we would do."

Moose credits their impact on the community to the Capital Area Food Bank for developing innovations the Retail Pick-up Program.

"We are able to support these families because of the food we receive through the relationship we have with the Capital Area Food Bank," Moose said.

Moose cannot imagine what would happen without their partnership with the Food Bank. "We need the Food Bank," Moose said. "Without them, we'd go under in two years."

With your support, the Capital Area Food Bank will continue developing innovations that will help our Central Texas neighbors in need. 🍎

Austin Neighborhood Centers: City of Austin, Department of Health & Human Services by Appointment ONLY

Hours: Monday-Thursday, 8:00 a.m.-6:00 p.m. Friday, 8:00 a.m.-12 p.m.

Applications for SSI, AFDC, Food Stamps, WIC, emergency food pantry, Senior citizen meals.

Assistance limited to once every 3 months.

Clients should go to the center that serves their zip code.

	<u>Neighborhood Center</u>	<u>Phone</u>	<u>Pantry Hours</u>
North:	St. John's, 7500 Blessing Ave.	972-5159	Monday-Thur8-6 Friday 8-12 Please call to schedule for an appt.
East:	Blackland, 2005 Salina St.	972-5790	Monday-Thur8-6 Friday 8-12
East:	East Austin, 211 Comal St.	972-6650	Monday-Thur8-6 Friday 8-12
East:	Rosewood-Zaragosa, 2800 Webberville Rd.	972-6740	Monday-Thur8-6 Friday 8-12
SE:	Montopolis, 1416 Montopolis Dr.	972-5181	Tuesday 8 – 5pm Closed 12 pm – 1pm
South:	S. Austin, 2508 Durwood St.	972-6840	Monday-Thur8-6 Friday 8-12

Travis County Human Services & Veterans Service

Hours: Monday-Friday, 8 a.m.-4 p.m. - Will serve people living in Travis County ONLY

Emergency Assistance: **food or food vouchers, transportation, rent, utilities, gas, clothing, prescriptions.** *Once every 90 days for the food pantry, once every 12 months for all other assistance.*

<u>Community Center</u>	<u>Phone</u>	<u>Address</u>
Travis County Community Center at Manor	272-5561	600 West Carrie Manor Street, Manor, Texas
Travis County Community Center at Pflugerville	251-4168	15822 Foothill Farm Loop, Bldg. D Pflugerville, Texas
Travis County Community Center at Jonestown	854-1500	18649 FM 1431 Ste. 6A, Jonestown, Texas
Travis County Community Center at Palm Square	854-4100	100 N. IH-35 #1000, Austin, Texas
Travis County Community Center at Post Road	854-9130	2201 Post Road #101, Austin, Texas
*Emergency Food Assistance Monday- Thursday 8 a.m. – 4 p.m.		
Travis County Community Center at Del Valle	247-4407	3518 S. FM 973, Del Valle, Texas

Travis County

***Mobile Pantry (Allison Elementary School)**

403 Vargas Road, Austin

***Mobile Pantry (Anderson Community Development Corp.)**

1115 E. 12th Street, Austin

***Mobile Pantry (Apache Shores Homeowners Association)**

14919 General Williamson Drive, Austin

***Mobile Pantry (Buchanan Dam)**

100 Lillian Dean Drive, Buchanan Dam

***Mobile Pantry (Dove Springs Recreation Center)**

5801 Ainez Drive, Austin

***Mobile Pantry (Santa Barbara Catholic Church)**

13713 FM 969, Austin

***Mobile Pantry (Southwest Key)**

6002 Jain Ln., Austin

***Mobile Pantry (Davis-White Northeast District Park)**

6705 Crystalbrook Drive, Austin

2nd Tuesday 9:30-11:30 a.m.

4th Saturday 8:00-10:00 a.m.

1st Saturday 10:00-11:00 a.m.

2nd Wednesday 3:00-4:30 p.m.

1st Friday 9:00-11:00 a.m.

4th Tuesday 9:30-11:30 a.m.

2nd Friday 4:00-6:00 p.m.

3rd Wednesday 9:00-11:00 a.m.

Haynie Chapel Food Pantry 16309 Greenwood (Garfield)	78617	512-247-4454	Tuesday, 10 a.m.-12
Pflugerville First UMC 500 E. Pecan, Pflugerville	78660	512-251-2575	Tuesday, 9 a.m.-12
St. Elizabeth SVDP 1520 Railroad Ave., Pflugerville	78660	512-251-9838	Monday, 6-7 p.m. Thursdays 7:30-11:00am only service the following zip codes 78728,78753,78754,78660
Storehouse, The 1202 FM 685, Pflugerville	78660	512-989-9989	Tues., Thurs., Sat., 10 a.m.-2 p.m. Photo I.D. and proof of residence required
Salvation Army Shelter 501 E. 8th St.	78701	512-476-1111	Soup Kitchen Daily, 4-5:30 p.m.
Caritas of Austin 611 Neches	78701	512-479-4610	Soup Kitchen - Monday-Friday, 11 a.m.-12:30 p.m. Pantry - Mon., Wed., Thurs. 8 a.m-4:45 p.m.
Trinity Center 304 E. 7 th	78701	512-610-3566	Breakfast served Wed.-Fri 9:30a.m.- 1p.m. Women only Mon,Tues 9:30a.m.- 12:30 p.m. Hot meal Sunday, 3 p.m.-4:30 p.m.
Cristo Rey Catholic Church 2208 East 2 nd Street	78702	512-477-1099	Thursday 5:00 pm to 7:00 pm
Our Lady of Guadalupe Church 1206 East 9 th Street	78702	512-478-7955	Tuesdays, 11:30 am to 2:30 pm 3 rd Saturday of month 10:00am – 12:00 p.m. 78702 only Photo I.D. Required and Proof of Address
Austin Baptist Chapel 908 E. Cesar Chavez	78702	512-474-2666	Soup kitchen /free lunch every day 11 a.m. – 12:30 p.m. Breakfast: M-F /9:30-10am & Sat-Sun/8:45-9:15am
Greater Mount Zion Baptist Church 1801 Pennsylvania Ave.	78702	512-469-9020	Saturday 9:30 a.m.-12
Olivet Helping Hand Center 1161 San Bernard St.	78702	512-472-2298	2 nd and 4 th Saturday of the month, 9 a.m.-12p.m. Photo I.D. or form of identification
Rosewood Avenue Baptist Church 1807 Rosewood Avenue	78702	512-476-2801	1 st & 3 rd Saturday, 7-9 a.m.

Foundation Communities M-Station 2918 E MLK Jr. Blvd	78702	512-617-3037	12 pm -6pm every Friday
Mission Possible 1190 Chicón	78702	512-494-0953	Home Delivery for home bound 3 rd & 4 th Thursday of each month
St. Ignatius 2303 Euclid St.	78704	512-442-0226	Monday-Thursday, 9a.m-1p.m. Serve 78704, 78745, 78741, 78744 and homeless
Travis Heights Food Pantry 1211 East Oltorf	78704	512-799-2961	Sunday 12:00 p.m. – 1:30 p.m.
Lifeworks Street Outreach 408 W. 23rd St.	78705	512-735-2300	Mon., Wed., Fri., 12- 4 p.m. Ages 23 and UNDER
Micah 6 at UPC 2203 San Antonio	78705	512-473-0088	Thursday 6-7 p.m.; Saturday, 10:30-11:30 a.m.
Bethany Faith Food Pantry 3507 E 12 th St.	78721	512-926-4146	2 nd Wed 10-12 a.m. 4 th Tues 6-8 p.m. ID or bill required 78721, 78723
Welcome Table 1941 Webberville Rd	78721	512-926-6339	1st & 3rd Tuesday 12:30 p.m. - 2:30 p.m. Photo I.D. or utility bill required Serves 78702, 78721, 78722, 78723, 78724, 78741, 78744, 78752
Austin Cornerstone Church Food Pantry 1101 Reinli St.	78723	512-467-2140	3rd Thursday, 10:30am -12:30pm ID or bill required, serves 78723 only
Kingdom of God Christian Center 5811 Berkman Dr Ste 130	78723	512-926-5422	2 & 4 th Saturday 10am-12pm
Eastside Community Connections 5810 Berkman	78723	512-220-7312	Tuesday, Wednesday, Thursday 4-6 p.m. 78702,78721,78722, 78723,78724,78752,78753,78758
Hope Lutheran Church 6414 North Hampton	78723	512-926-8574	Monday, 2:30-3:30 p.m.
Dorcas Passion Ministries 3016 E. 51 St.	78723	512-662-6321	2 nd & 4 th Sunday, 10 a.m.-12 p.m.
Covenant United Methodist Church 4410 Duval Rd	78727	512-346-3124	Wednesday 5:30pm-7pm
Feed The Community at Gateway 7104 McNeil Road	78729	512-837-2162	Wed 10am-1pm Must have proof of address: ID
Vineyard Christian Fellowship 13208 Morris Street	78729	512-331-5200	2 nd and 4th Sunday: 2-5 PM 78613,78641,78642, 78645, 78717, 78726, 78729, 78750, 78759
Lake Travis Crisis Ministries 107 RR 620 South #114	78734	512-266-9810	Wednesday, 5:30-7:30 p.m.; Thursday, 10 a.m.-12 Lake Travis School District only
Dolores Catholic Church 1111 Montopolis Drive	78741	512-385-4333	Fridays, 9:00 am -12 noon
Mision Cristiana Intl/LIDS 6201 East Oltorf	78741	512-789-4066	1st & 3 rd Friday, 12-2 p.m. Serves 78704,78741
St. Edward's Baptist Church 702 Montopolis Drive	78741	512-385-3564	3 rd Saturday, 10 a.m.-12 p.m. 3 rd Wednesday 6pm - 7pm Photo I.D. Required
Bread For All 1711 E. Oltorf	78741	512-442-2410	Monday 6pm -8pm Serves 78741
CHI- Dove Springs 5801 Anize Dr	78744	512-972-5787	3 rd & 4 th Friday, 10 a.m.-2 pm Call for appointment
Hands of Love 5201 E. William Cannon	78744	512-462-1011	Mondays: 7-9 p.m.
Austin South 7th Day Adventist 132 Eberhart Dr	78745	512-441-6910	1 st & 3 rd Thursday, 12 -2:00 p.m.
Bannockburn Baptist Church	78745	512-892-	Thursday, 9-11 a.m.

7100 Brodie Lane		2703	78735, 78736, 78737, 78739, 78745, 78748, 78749
El Buen Samaritano 7000 Woodhue	78745	512-439- 0733	Tuesday, Wednesday, Thursday 9:00 a.m. – 12:00 pm New clients 9:00 a.m. – 11:00 a.m.
Christian Life Church (C.L.C.) 4700 Westgate Blvd.	78745	512-892- 4200	Every Friday, noon to 1:30pm Serves 78745 only
South Austin Church of the Nazarene 6711 Manchaca Rd.	78745	512-442- 8476	Monday, 9:30-11:30 a.m. Or call for an appointment M-F
San Francisco Javier Catholic 9110 US Hwy 183 South	78747	512-243- 1404	Thursday 2:00 p.m. – 4:00 p.m. Current photo I.D. and utility bill required Call for zip code restrictions
Abiding Love Lutheran Church 7210 Brush Country	78749	512-892- 4040	Monday, 1:30-3:30 p.m.
First Baptist Church - Oak Hill 6907 Convict Hill Road	78749	512-288- 7570	Tuesday & Wednesday, 9 a.m.-12 p.m.
Hope Food Pantry 4001 Speedway	78751	512-420- 0710	Thursday & Friday, 9:45-11:00am I.D. Required and Proof of Address
Hyde Park Baptist Church 3810 Speedway	78751	512-459- 6587	Monday & Wednesday, 1-3 p.m. 78705, 78751, 78752, 78756, 78757
Manos de Cristo 4911 Harmon Ave.	78751	512-477- 7454	Monday-Friday, 8:30–11 a.m. Only serves 1 st six families
CAFB/St. Johns Comm Food Ctr 500 E. St. Johns Ave	78752	512-381- 7104	Wednesday 9-11am
Gethsemane Lutheran Church 200 West Anderson Ln.	78752	512-836- 8560	Tuesday, 1:30-3:45 p.m.
Austin Restoration Ministries 10206 N. IH35	78753	512-491- 5068	2 nd & 4 th Thursday, 10-12 p.m.
Austin Spanish Seventh Day Adventist 100 West Rundberg	78753	512-833- 7222	Wednesday, 4-5:30 p.m.
St. Mark UMC 601 W. Braker Lane	78753	512-836- 5747	Wednesday, Friday, 10 a.m.-12 p.m. Serves only 78753,78758 Picture I.D. and Proof of Address Required
St. Louis Food Pantry 7601 Burnet Rd.	78757	512-454- 0384	Saturday, 8:30 a.m. -10:00 a.m. Serves most of North Austin, please call for service restrictions
Heaven's Harvest 1734 Rutland Dr	78758	512-836- 3282	Monday, 6:30-8 p.m.
Grant AME Worship Center 1701 Kramer Lane	78758	512-339- 4726	Every 3 rd Friday 12 – 2p.m. Every 4 th Saturday 10 – 12p.m.
Príncipe de Paz 1204 Peyton Gin Rd.	78758	512-836- 2160	Wednesday, 5:30 – 7p.m.
Westover Hills Church of Christ 8332 Mesa Dr.	78759	512-345- 6386	2 nd & 3 rd Thursday, 1 p.m. – 4 p.m.

Williamson County

***Mobile Pantry (Bartlett City Hall)**

140 West Clark St., Bartlett

2nd & 4th Thursday, 9:30-10:30 a.m.

***Mobile Pantry (St. Margaret Mary Catholic Church)**

1101 W New Hope Dr., Cedar Park

3rd Friday, 10a.m.–12p.m..

Agape Food Pantry of Taylor 121 E Second St, Taylor	76574	512-775-8277	Every Other Friday , 6:30–8:30 p.m.
Shepherd's Heart - Taylor	76574	512-352-5553	Tuesday & Thursday – 1-3pm