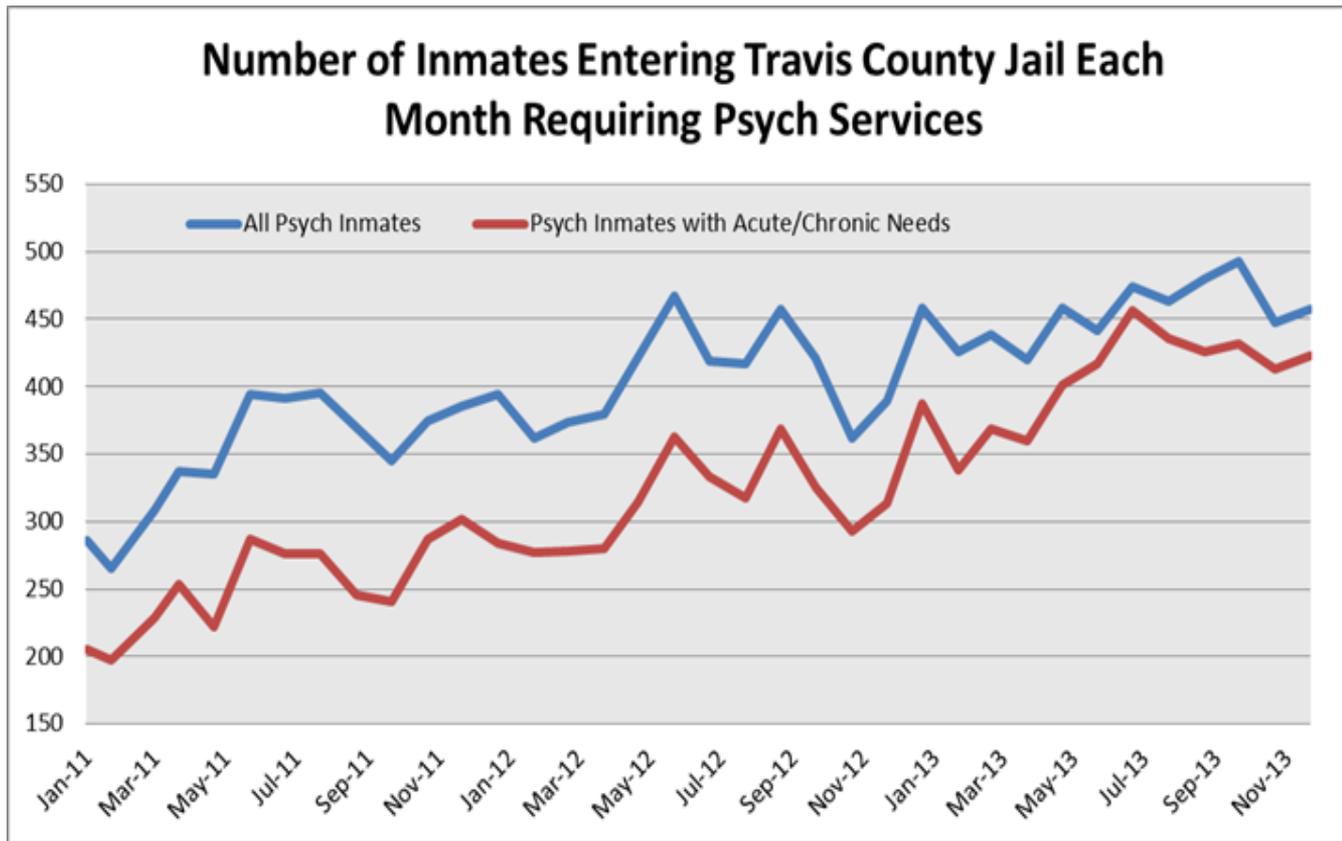


Travis County
Commissioner's Court
Work Session on
Mental Health Services, Strategies
and Upcoming Initiatives

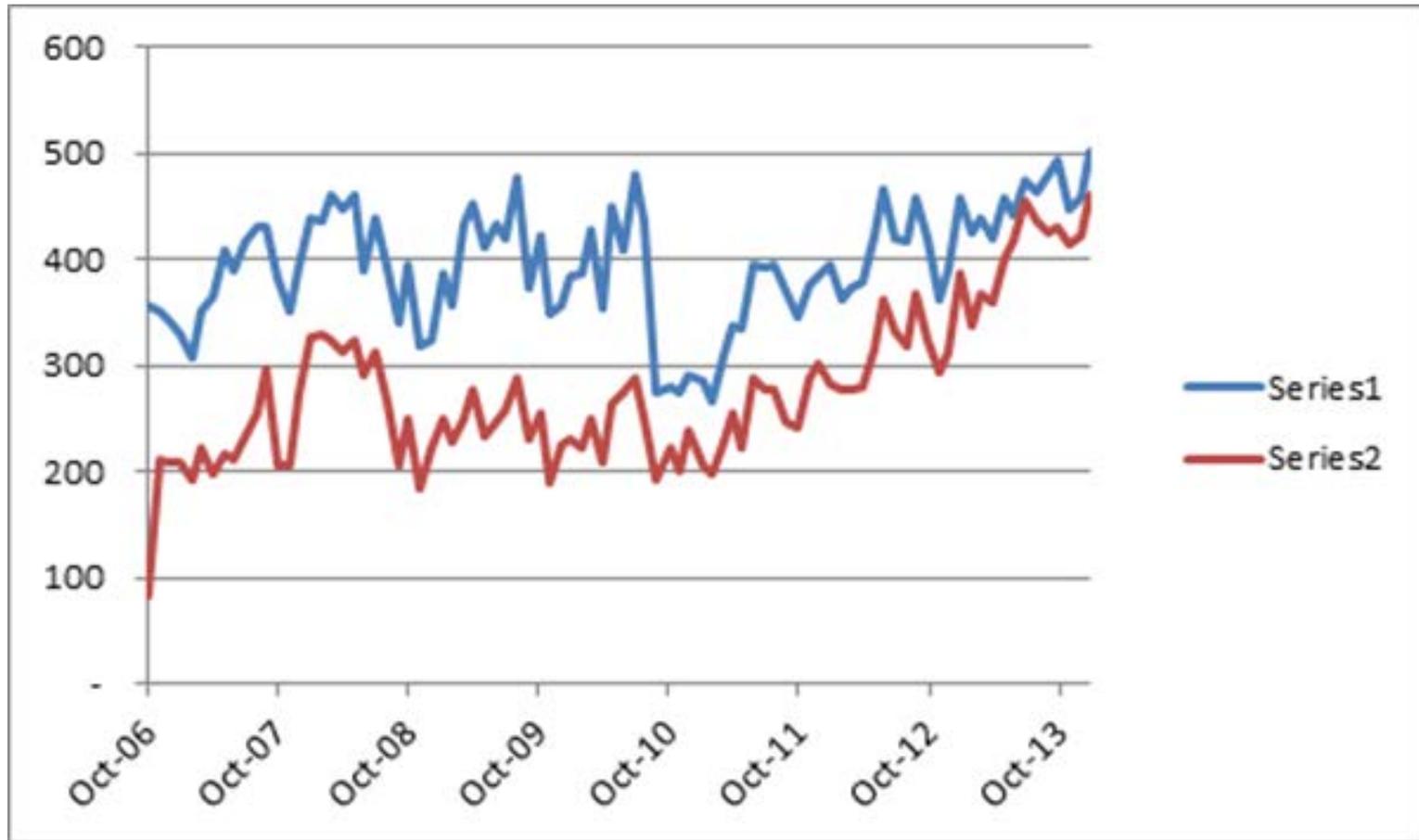
April 17, 2014

Recent booking history 2011-13

- ▶ Despite successful programming and mental health dockets, bookings for individuals with mental illness continue to rise while overall bookings do not.



Booking History 2006-13

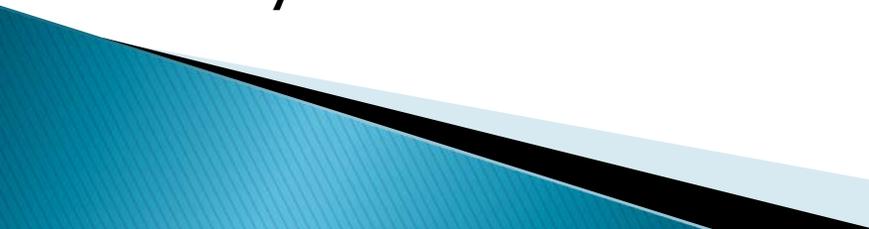


Psychiatrist/Psychologist Fees by Fiscal Year

	2011	2012	2013
Total Amount Spent	\$ 296,360.75	\$ 280,758.75	\$ 395,665.00
# of Reports Completed	534	570	745

- **Competency to Stand Trial and Sanity**
- **Forced Med applications in State Hospitals outside of Austin**
- **Expert Witness Testimony on Psych Cases**
- **Includes Both Felony and Misdemeanors**

Recent History of Planning

- ▶ **Fall 2011:** Travis County received a BJA Planning Grant to create a strategic jail diversion plan for the mentally ill.
 - ▶ **Spring/Summer 2012:** Advisory Committee met for planning.
 - ▶ **Sept. 2012:** Phase I of the Strategic Plan completed.
 - ▶ **February 2013:** Advisory Committee has second round of planning meetings to do further planning without further funding from BJA.
 - ▶ **May 2013:** Criminal Justice Officials join Psychiatric Services Stakeholders.
- 

Combining Planning Efforts

- ▶ Psychiatric Services Stakeholders (PSS) Committee historically focused on community crisis and had limited involvement of key criminal justice stakeholders.
- ▶ PSS new proposal:
- ▶ 3 Committees reporting to PSS
 - Crisis Intervention Committee (CIC): Identify and address system level operations issues, build connections between new and existing services, monitor impact of new services, identify gaps in services.
 - Behavioral Health Advisory Committee (BHAC): Develop and sustain a planning partnership to support persons with behavioral health needs and to promote public safety.
 - Substance Use Planning Group (SUPG): Convene community partners to identify service gaps within substance use service continuum and act on opportunities to increase service access.

BHAC Sequential Intercept Model

- ▶ Sequential Intercept Model (SIM) is a nationally recognized model for mental health jail diversion planning.
- ▶ Original SIM contains 5 Intercepts (stages)
 - Law Enforcement
 - Initial Detention/pretrial court hearings
 - Jails/Courts
 - Re-Entry
 - Community Supervision
- ▶ BHAC added Intercept 0: Community Health

Mental Health Diversion Sequential Intercept Points

What We Have:

<ul style="list-style-type: none"> • ATCIC Outpatient Behavioral Health • ATCIC Crisis • ATCIC Residential • OSAR Treatment • Caritas • Community Care • Seton • Lone Star Circle • ATCIC MCOT –CIT co-location. • MCOT-EMS collaboration 	<ul style="list-style-type: none"> • Crisis Intervention Team APD & TCSO • TCSO MH Assessment and Treatment in jail 	<ul style="list-style-type: none"> • Pre-Trial Bond MH Supervision 	<ul style="list-style-type: none"> • Downtown Austin Comm. Court • Misdemeanor & Felony MH Dockets • MH Public Defender & Wheel Attorneys • MH Prosecutors • Felony Support Ct • ATCIC Competency Restoration • Various jail-based programs • JRI Housing Project 	<ul style="list-style-type: none"> • MH PD Caseworkers • DACC Case Managers • TC CJP Transitional Housing • TC CJP Supportive Housing • DACC-Caritas Supportive Housing • ATCIC Supportive Housing 	<ul style="list-style-type: none"> • Probation MH Unit • Probation CORES program • ANEW program • Road to Recovery
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Intercepts:

<p>Intercept 0 Community Services</p>	<p>Intercept 1 Law Enforcement</p> <ul style="list-style-type: none"> • Booking • Magistration • MH Screening 	<p>Intercept 2 Initial Detention & Arrest</p>	<p>Intercept 3 Jail & Courts</p>	<p>Intercept 4 Reentry Employment & Progress</p>	<p>Intercept 5 Community Corrections (Probation)</p>
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Recommendations:

<ul style="list-style-type: none"> • Sobriety Center • Seton Psy ER • Extended Psy Observation 	<ul style="list-style-type: none"> • MCOT &CIT at booking to divert when possible. • Review of APD policy & training. 	<ul style="list-style-type: none"> • New Assessment Process using Crim. Risk, Behavioral Health Framework & ECHO Housing tool. 	<ul style="list-style-type: none"> • Assisted Outpatient Treatment in Probate Court 	<ul style="list-style-type: none"> • Residential Treatment beds • PSH Units 	<ul style="list-style-type: none"> • Residential Treatment beds • PSH Units
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Guidelines for Planning Process

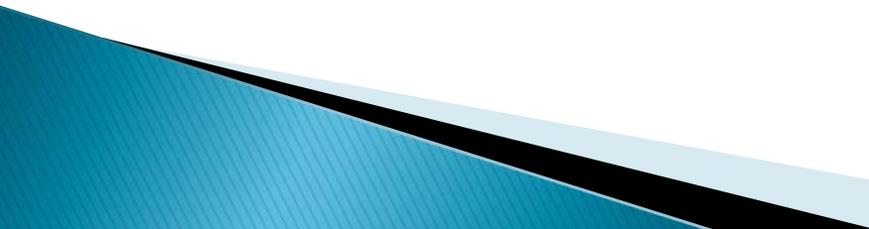
The Council of State Governments (CSG) Justice Center Criminal Justice/Mental Health Consensus Project published 2 reports that inform the planning process:

Adults with Behavioral Health Needs Under Correctional Supervision: A Shared Framework for Reducing Recidivism and Promoting Recovery (Sept. 2012)

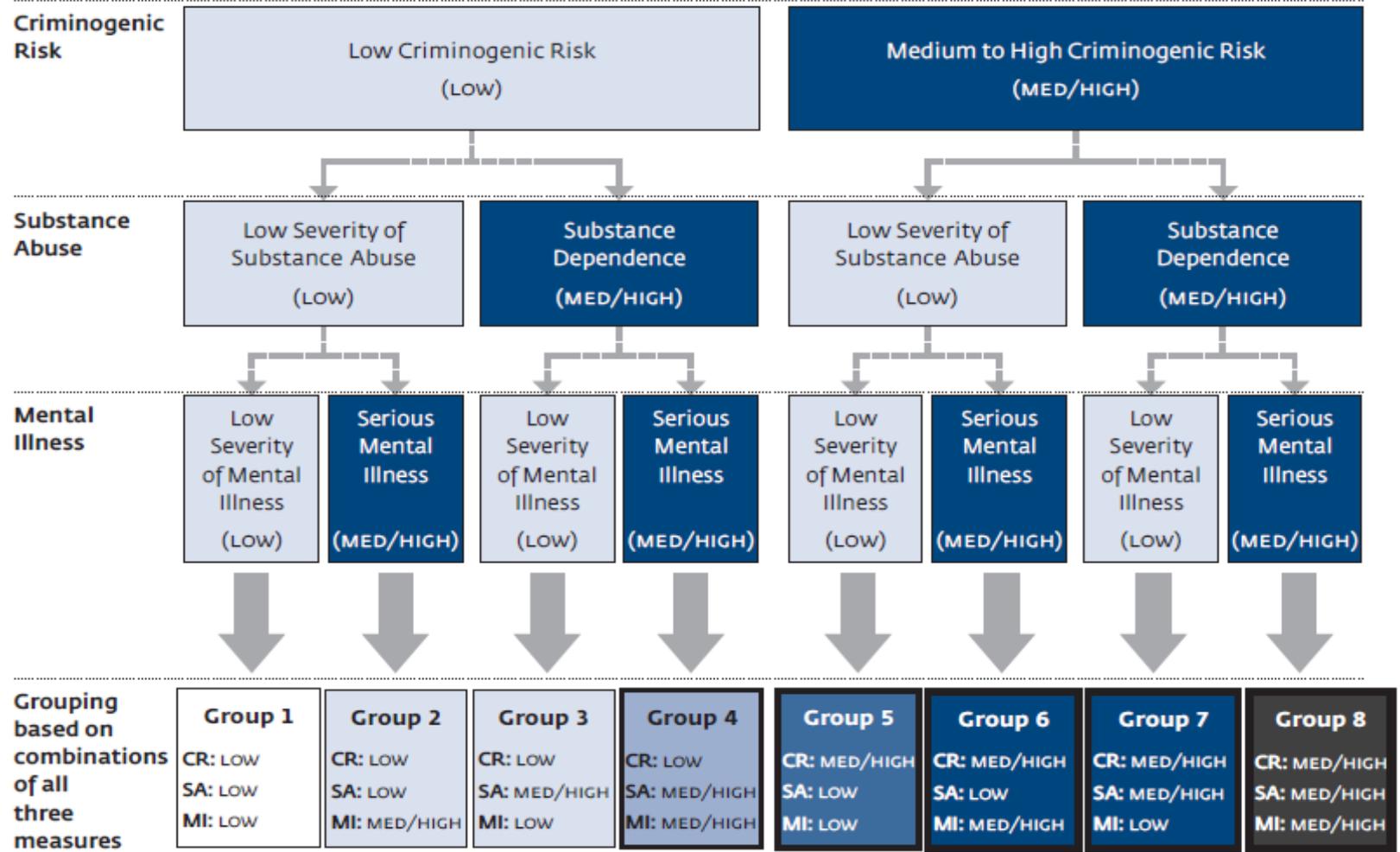
Guidelines for Successful Transition of People with Behavioral Health Disorders from Jail and Prison (Nov. 2013)

The Framework

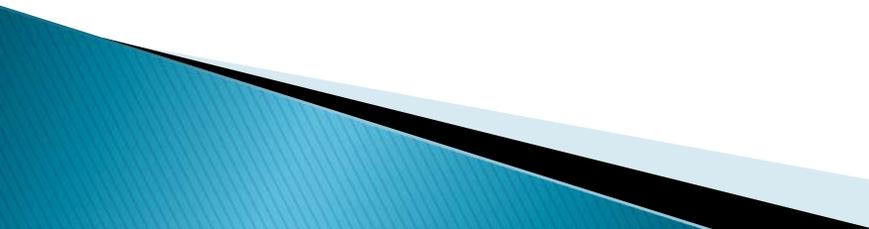
(Criminogenic Risk and Behavioral Health Needs)

- ▶ Developed by Dr. Fred Osher, MD, Psychiatrist. Dr. Osher works for CSG and helped the Travis County CSCD establish its integrated mental health unit. He also advised TC when we were a mental health learning site in 2006.
 - ▶ Builds upon previous work done in the behavioral health field and adds a criminogenic risk assessment.
 - ▶ To be used as a way to think about collaboration and resource allocation among the three systems: criminal justice, mental health and substance use.
- 

Criminogenic Risk and Behavioral Health Needs Framework



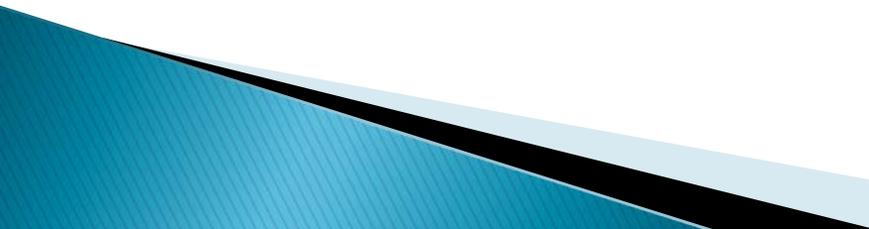
What do other experts say about the Framework?

- ▶ “The framework is a must-read for state administrators of mental health, substance abuse, and corrections. This collaboration is critical to ensure people with mental health and substance use issues are served with the most appropriate settings.” *Robert Glover, Exec. Dir. National Assoc. of State Mental Health Program Directors*
 - ▶ “The framework should not merely perpetuate a more coordinated business-as-usual approach. This is a chance for all three systems—criminal justice, substance abuse, and mental health—to develop creative approaches for supervising and treating individuals in more effective ways.” *Jennifer Skeem, Professor and MH/CJ Researcher, University of California-Irvine*
- 

Criminogenic Risk

- ▶ Static: those that are unalterable such as a person's demographics or age at first arrest.
- ▶ Dynamic: those that change over time and are amenable to interventions.
 - Presence of Antisocial Behavior
 - Antisocial Personality Pattern
 - Antisocial Cognition
 - Antisocial Associates
 - Family and/or Marital
 - School and/or Work
 - Leisure and/or Recreation
 - Substance Abuse

Texas Risk Assessment Tool

- ▶ Effective January 2015 Probation departments are mandated to use the T-RAS criminogenic Risk tool.
 - ▶ This will replace the Wisconsin Risk Tool historically used by Travis County Adult Probation.
 - ▶ T-RAS is an offspring of the Ohio Risk Assessment Tool – which is considered evidence based.
- 

10 Guidelines for the Successful Transition of People with Behavioral Health Disorders from Jail and Prison (summarized)

1. Conduct universal screening as early in the booking/intake process as feasible.
2. Follow up with comprehensive assessments to guide appropriate program placement and service delivery.
3. Develop individual treatment and service plans using the risk and needs screening and assessment process.
4. Develop collaborative responses between behavioral health and criminal justice.
5. Anticipate that the periods following release are critical and identify appropriate interventions as part of transition planning practices.
6. Develop policies and practices that facilitate continuity of care post release.
7. Support adherence to treatment plans and supervision conditions through coordinated strategies.
8. Develop mechanisms to share information across different points in the CJ system.
9. Encourage and support cross training to facilitate collaboration between behavioral health and CJ workforces.
10. Collect and analyze data to evaluate program performance, identify gaps in performance and plan for long-term sustainability.

Housing Assessment - Expected Benefits

Nationally & here in Travis County



- Assesses all clients across the county the same way to determine the housing intervention needed
 - improved homeless client access to services and housing (meaningful referrals)
 - reduced administrative burden on clients *and* providers,
 - improved data quality using HMIS
 - generates waitlists and leads to prioritization of clients for housing
- all of which lead to greater system efficiency and effectiveness.
- And, it's HUD required to continue receiving \$7M in housing/homeless services funds (COC & ESG)

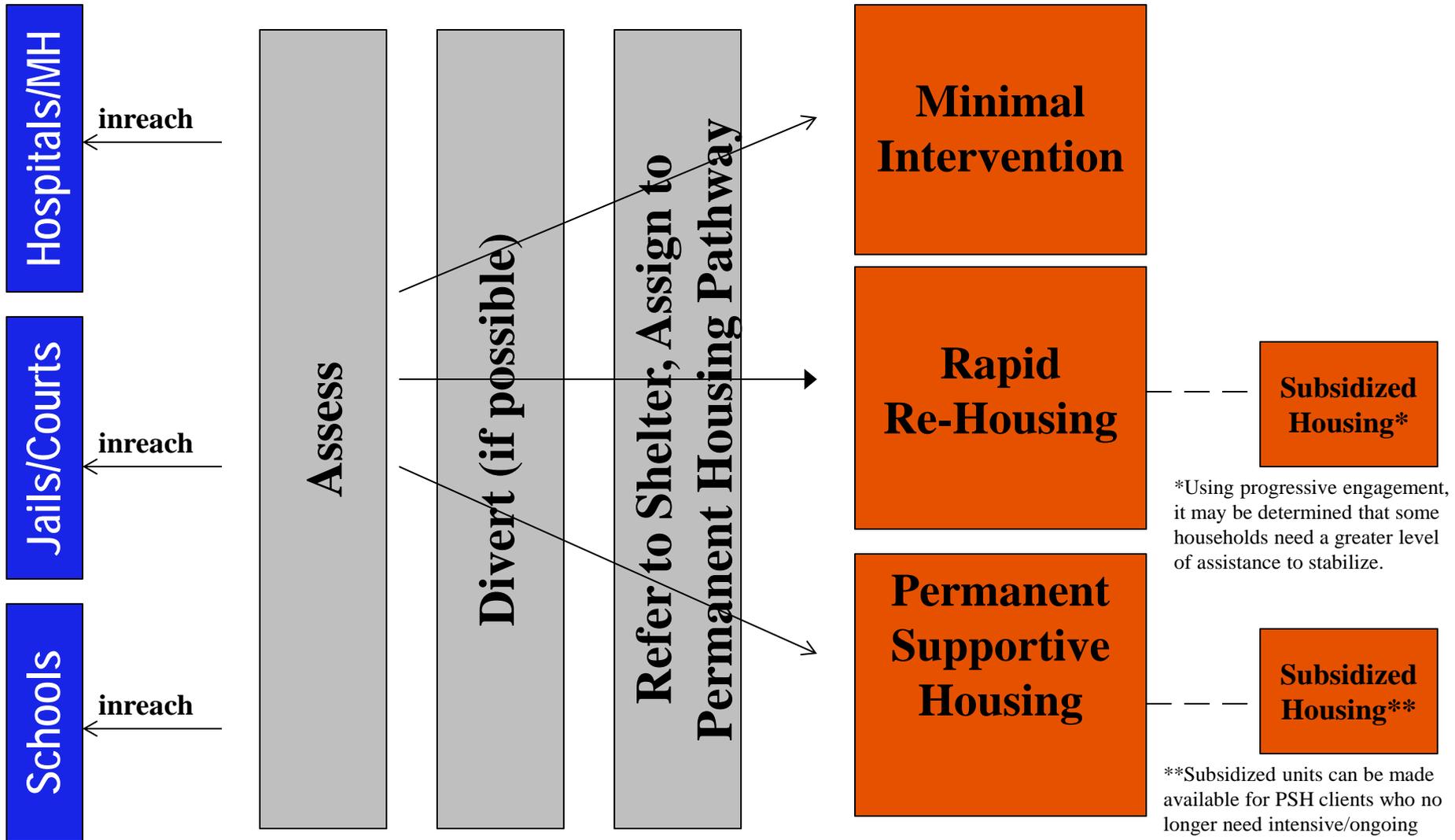


Framework for Housing Stability



Assessment & Referral Team

Case Management/Housing Navigation



Current Diversion Programs

- Pre Trial MH Bond Supervision Officers
- TCSO Medical and Psychiatric Assessments
- MH Public Defender
- MH Misdemeanor and Felony dockets (including collaboration with TCSO counseling and ATCIC)
- CSCD Cores Program and MH Integrated Services
- MH Prosecution teams at Co. Atty and Dist. Atty.
- Mobile Crisis Outreach
- JRI Supportive Housing Grant

Travis County Community Supervision

Co-occurring Re-entry Services (CORES)

- ▶ Funding: Bureau of Justice Assistance (BJA); \$565,345 (two year).
- ▶ Positions funded: 1 Case Manager, 2 Counselors
- ▶ Two year grant: October 1, 2012 – September 30, 2014
- ▶ Target population: High-risk felony probationers with co-occurring mental health disorder and drug dependence.
 - 1st priority – Female probationers
 - Limited basis – Medium-risk probationers with co-occurring disorders
- ▶ Services:
 - Clients participate in pre-release (pre-treatment services provided while in jail) and post-release services (residential treatment and aftercare services provided after release from jail).
 - Recovery supportive housing provided for CORES clients as needed.
 - Funding also included for psychiatric medication support services.

Mental Health Integrated Services

- ▶ Funding: Texas Department of Criminal Justice–Community Justice Assistance Division
 - \$9,800 Cognitive Classes (Vendor)
 - \$731,293 Probation Staff (Supervision Officers, Manager, Administrative Support)

- ▶ Funding: Travis County
 - \$89,511 Lease Space
 - \$25,250 Security

- ▶ Target Population: Individuals on probation or parole supervision with a mental health priority population diagnosis.

- ▶ Services:
 - Travis County Adult Probation, State of Texas Parole and Austin Travis County Integral Care ANEW Staff co-located in a common location providing team-based supervision and case-management:
 - coordinated appointments,
 - treatment team reviews,
 - cross-trained staff, and
 - regular information sharing and decision making.

 - Uses a Recovery Model that includes the offender in the assessment process, setting of goals, and developing the treatment and supervision plans.

 - Courts are involved to help reduce probation revocations and to assist probationers to address needs and engage in treatment.

Substance Abuse Inpatient Continuum of Service

- ▶ Funding: Texas Department of Criminal Justice–Community Justice Assistance Division; \$154,505
- ▶ Target Population: Probationers who have been assessed with a co-occurring disorder
- ▶ Services:
 - Pre-treatment readiness
 - 90 day residential treatment
 - Aftercare Services
- ▶ Currently, only the 90 day residential treatment is operational.

Pretrial Services Mental Health Program

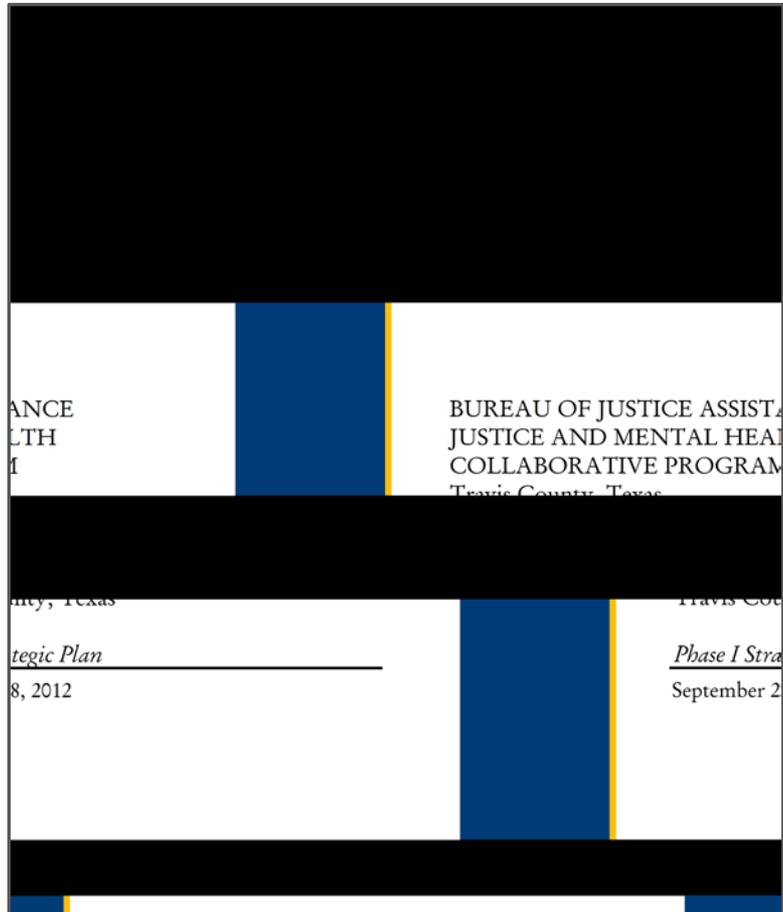
- ▶ Funding: Travis County
 - \$186,791 Pretrial Staff (Case Management Officers, Manager)
- ▶ Target Population: Defendants on personal bond supervision with diagnosed mental illness.
 - 338 served in Fiscal Year 2013
 - 2079 served since program inception (FY2006)
- ▶ Services:
 - Provide linkage to community services and resources to assist client in maintaining stability: treatment, housing, education, and employment.
 - Monitor court dates and bond conditions to assure court attendance and condition compliance.

Travis County Criminal Justice Planning

Justice Reinvestment Initiative (JRI) Permanent Supportive Housing and Case Management Pilot

- ▶ Funding is provided by the Bureau of Justice Assistance (BJA, \$300,000); The Laura and John Arnold Foundation (\$69,012); and Housing Authority of Travis County (housing vouchers valued at \$82,800).
- ▶ This is a two-year grant, running from May 2013 through April 2015.
- ▶ The pilot will serve 22 chronically homeless, mentally ill men and women who are frequent offenders in the county jail, as determined by a high Jail Impact Score (calculated using frequency of jail bookings and the number of jail bed days consumed).
- ▶ This pilot program provides transitional and permanent supportive housing, along with intensive case management and ancillary services (substance abuse treatment, counseling, medication and medication management, access to a psychiatrist). Foundation Communities is our partner in this initiative, providing both the units of housing and the case management services.

Justice and Mental Health Collaboration



- ▶ In 2011, Travis County working group conducts a study of 652 individuals who:
 - were booked in jail during calendar year 2011
 - diagnosed with a state-defined priority population mental health disorder
 - had a co-occurring dual diagnosed substance abuse disorder
- ▶ In 2013, Criminal Justice Planning examined what happened to these people using a two-year follow-up period:
 - 311 people (48%) had 1+ new offense booking (1,157 bookings)
 - Of 311, 55 people had 6+ new offenses (615 bookings)
- ▶ **Take away message:** A smaller group offended at a higher rate during the two-year period :
 - These 55 people (8%) account for 615 (53%) of the new bookings (1,157 bookings)
 - New offenses mostly misdemeanors
 - Biggest offense categories:
 - **Public intoxication enhanced**
 - **Public intoxication**
 - Criminal trespass

Mental Health Public Defender Office (MHPDO)

- ▶ **MHPDO** began in April 2007 to serve the needs of persons with mental illness in the criminal justice system. The staff now includes three Attorneys and five Case Managers.
- ▶ **Overarching Objectives:**
 - Minimize the number of days a person with mental illness spends in jail.
 - Reduce recidivism by providing intensive case management services.
 - Increase the number of dismissals among defendants with mental illness.
 - Enhance legal representation by providing attorneys with specialized knowledge needed to defend persons with mental illness.
- ▶ In a two part **Cost–Benefit Evaluation Analysis**, Justice and Public Safety concluded MHPDO has successfully achieved most of its original objectives including a reduction in jail bed days, an increase in dismissals, a reduction in recidivism, and enhanced knowledge about persons with mental illnesses.

DA Mental Health Docket Staff Positions

- ▶ The Travis County District Attorney's Office has a an attorney VI assigned to handle both the adult (MHD)and juvenile (COPE) mental health dockets
 - The salary for this position without benefits is \$92,680.66 w/ benefits \$122,635.26
 - This position dedicates about 60% of their time to these cases
- ▶ A paralegal is also assigned to work with the ADA
 - The salary without benefits is \$45,467 w/ benefits \$65,064.61

Felony Mental Health Docket

- **Clinical eligibility/qualifying diagnoses:**
 - Schizophrenia
 - Schizoaffective disorder
 - Bipolar disorder
 - Major Depressive Disorder with a GAF of less than 50
 - Mental Retardation/Intellectual and Developmental Disabilities (IDD)
- **Criminal eligibility** = cases are screened out for violent history or offense, extensive history, relation to the mental illness, etc. Violent offenses are not accepted without judge's, trial court prosecutor's, and most importantly victim's approval.
- Held Tuesdays, Wednesdays, and Thursdays with staff consisting of social services coordinator from the jail, an ATCIC representative, and a mental health probation officer.
- There is no "program". Each case is assessed individually to determine what is the best course of action given all of the information from the staffing with the focus of providing mental health services and drug treatment.

CA Mental Health Docket Staff Positions

- ▶ The Travis County Attorney's Office has a prosecutor, paralegal, a legal assistant, and a victim witness coordinator for the mental health docket, but the positions are also responsible for other court dockets such as Veteran's Court.
- 

Misdemeanor MH Docket

- ▶ All jail misdemeanor cases which receive a PSY in jail code are routed onto the misdemeanor MH docket
- ▶ Cases are handled on an expedited basis in order to reduce the duration of incarceration time when inappropriate
- ▶ Information regarding behavior and mental health status is gained through contact with jail counselling staff, ATCIC, and often family members
- ▶ Prosecutor tries to emphasize problem solving, seeking to reduce recidivism and engage defendants in treatment while maintaining community safety.
- ▶ Prosecutor utilizes mental health community supervision, supervised mental health bonds, transfers to probate for civil commitment, and incarceration as various tools to try to affect defendant behavior.
- ▶ Prosecutor seeks to collaborate with other law enforcement agencies for better outcomes on cases that involve individuals with mental illness.

Austin Travis County Integral Care: Criminal Justice Initiatives

ATCIC provides outpatient psychiatric clinic and substance use treatment, counseling, case management and rehabilitative skills training to over 22,000 individuals in the Travis County community. These services leverage state, local and federal dollars. Criminal justice involvement is not a barrier to services.

- TC HHS/VS has an Interlocal Agreement with ATCIC to purchase outpatient clinical services – amount of the contract is \$1,058,291. Total budget is \$2,739,452.
- As part of the FY14 SAMSO Agreement, TC HHS/VS contracts with ATCIC to manage substance use funds and contract with local providers to ensure Travis County residents obtain access to substance use treatment services – amount of the contract is \$978,679. Total budget \$1,289,600.00.

Austin Travis County Integral Care: Criminal Justice Initiatives

ATCIC provides the following services specific to the adult criminal justice population:

- ATCIC is co-located with and partners with Travis County CSCD to provide outpatient psychiatric treatment and case management to individuals on CSCD and Parole Mental Health Caseloads. This project leverages state TCOOMI funds to ensure coordinated care and service delivery for this population.
- ATCIC contracts with the Travis County Jail to provide 3 prescribers specialized in psychiatric care for Travis County jail inmates (fy14 \$523,194).
- ATCIC contracts with Travis County Adult probation to provide 16 hours/month psychiatric care for residents in the SMART program (fy14 \$37,800).

Austin Travis County Integral Care: Criminal Justice Initiatives

ATCIC proactively diverts individuals from the criminal justice system and provides alternatives to incarceration. These services leverage state, local and federal dollars. Travis County HHS/VS provided \$1,000,000 to the Expanded Mobile Crisis Outreach Team (MCOT) in FY13 and has provided \$400,000 annually to the original or “classic” MCOT since 2005.

- Expanded Mobile Crisis Outreach Team is co-located and partners with APD, TCSO and EMS to respond to individuals in crisis in the community (1115 Waiver Project and Travis County)
- Mobile Crisis Outreach Team dispatched by ATCIC’s Hotline to respond to individuals and families in crisis in the community (DSHS and TC HHS/VS \$400,000/annually)
- Psychiatric Crisis Residential and Jail Alternative Project targeting individuals with co-occurring substance use and mental health disorders (24 bed, 1115 Waiver Project)
- A full time caseworker dedicated to the Mental Health Docket (DSHS funds)
- Outpatient Competency Restoration Program (DSHS)
- ATCIC is currently applying for a grant to fund a 16 bed Extended Observation Unit which could take voluntary and involuntary clients

Austin Travis County Integral Care: Criminal Justice Initiatives

ATCIC provides community and professional education about mental health and substance use to reduce stigma and ensure our community first responders achieve an increased level of mental health literacy.

- Since 2012, ATCIC has provided mental health training to all APD new cadets, new CIT officers and refresher training for CIT officers at the APD Training Academy
- ATCIC and TCSO have initiated plans to provide mental health CIT training to certify TCSO CIT officers beginning in spring 2014
- ATCIC will provide Mental Health First Aid training to Travis County EMS cadets summer 2014

Budget Requests 2014-15

- ▶ TCSO Counseling Staff FTEs: 5 additional senior counseling positions to increase coverage to 24/7 AND to add additional assessment tools including Criminogenic Risk
 - ▶ Criminal Courts: \$25,000 increase in costs for Forced Medication Hearings hearings and \$70,000 in Psychiatric Evaluations for District Courts.
- 