

Item 4



Travis County Commissioners Court Agenda Request

Meeting Date:

July 23, 2013

Prepared By/Phone Number:

Juanita Jackson - 854-4467

Elected/Appointed Official/Dept. Head: Sherri E. Fleming,
County Executive for Health and Human Services and Veterans Service

Commissioners Court Sponsor: Judge Samuel T. Biscoe

AGENDA LANGUAGE:

Introduction of Sonia Coyle as the new County Extension Agent – Family and Consumer Sciences for the Texas A&M AgriLife Extension Service in Travis County

BACKGROUND/SUMMARY OF REQUEST AND ATTACHMENTS:

The Texas A&M AgriLife Extension Service conducts educational programs in the areas of family and consumer sciences, agriculture, horticulture, natural resources, 4-H, and youth programs.

STAFF RECOMMENDATIONS:

None.

ISSUES AND OPPORTUNITIES:

This item is intended to introduce key staff in the AgriLife organization to members of the Commissioners Court.

FISCAL IMPACT AND SOURCE OF FUNDING:

This item will not impact the County Budget.

REQUIRED AUTHORIZATIONS:

Sonia M. Coyle; B.S., M.S.

7075 Comanche Trail · Austin, TX 78732 · (512) 431-1742 · soniacoyle@yahoo.com

SUMMARY OF QUALIFICATIONS

Successful Management Professional with more than fifteen years experience in design, implementation, coordination and management of projects and programs in agency, university and nonprofit organizations. Proven ability to start new projects and take them to successful completion including training, managing and motivating staff.

Skills

People Management	Fundraising	Fully Bilingual English / Spanish
Project/Program Management	Grant Writing	Leadership
New Program Design	Public Presentations	Strategic Planning
Volunteer Coordinating	Written Communication	
New Program Development	Verbal Communication	

RELEVANT EXPERIENCE

AVANCE-Austin, (Austin, TX)

Program Coordinator

Responsible for the direct implementation of the AVANCE Parent-Child Education programs and services. This program for parents and their children ages birth – 3 years is taught over a 9 month span, and services include: a bilingual parenting education class, an educational toy making or craft class, advocacy and support services through community resource speakers, adult education opportunities for parents such as ESL and adult literacy instruction, home visits, and early childhood education and development services for the children. This program serves over 100 families yearly.

- Supervised operations following the annual calendar of the AVANCE Parent-Child Education Curriculum.
- Built partnership with Austin Community College to provide ESL classes to participants.
- Offered training efforts such as team building and leadership development for staff.
- Responsible for updating curriculum. Supervised development of lesson plans for parent and child instruction.
- Coordinated weekly community speakers for program year.
- Planned and implemented pre- and post-test activities, maintained participant files and documentation, and collected any data required in the evaluation protocol.
- Organized, supervised and participated in client recruitment.
- Coordinated parent education services with Craft Instructor, Parent Educators, Early Childhood Instructors, Home Visitors, Van drivers and ESL Instructors.
- Lead and participates in planning and preparation of program events such as graduation and Christmas Party.
- Prepared accurate and timely monthly reports for National Office, and for federal and foundations grants.
- Organized and managed site visits.

Keep It Healthy non profit organization, (Austin, TX) www.keepithealthy.org

Program Manager, Program Designer and Curricula Developer of a year-long lifestyle intervention program called *To Your Healthy! A su Salud!* designed to prevent or delay the onset of Diabetes in vulnerable families. This program serves over 100 families.

- Created tailored weight-loss plans for adults, curricula for behavior modification workshops for successful weight-loss and diabetes prevention workshops.

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- Managed cooking and nutrition classes for thirty participants at a time.
- Built partnership with the Austin/Travis County Health & Human Services to use the Walk Texas curricula, an initiative from Steps to a Healthier Austin Program; with schools to allow participants to use their tracks for walking groups, and churches to provide meeting rooms and cooking class facilities.
- Built partnership with the American Heart Association for provision of screenings and health education workshops, with Sustainable Food Center for provision of cooking classes, and with YMCA for provision of facilities and instructors.
- Coordinated and trained UT college students as volunteers for nutrition consultations.
- Recruited staff and Board members.
- Organized a community event or health fair at a church.
- Organized fundraising events such as cooking classes with chefs.
- Coordinated and attended meeting with potential donors.

El Buen Samaritano, (Austin, TX)

Program Coordinator for the "Vida y Salud" Program (Health and Life), a health promotion program for at-risk communities aimed to teach healthy lifestyle to the underserved Hispanic population.

- Managed the coordination of workshops with fitness, yoga and Tai'Chi instructors, peer educators for cooking classes, and social workers for a support group program called "Nuestra Hermandad Feliz", and parenting classes.
- Followed program and budget proposed under grant.
- Trained peer educators weekly for cooking/nutrition workshops. Recruited peer educators.
- Marketed and disseminated information about Vida y Salud services throughout El Buen Samaritano campus.
- Coordinated parenting classes with other nonprofit organizations, such as Family Connections.
- Organized a community outreach event for the 'Vida y Salud' program.

EMPLOYMENT HISTORY

AVANCE-Austin, (Austin, TX) 1/2010 - Present
Program Coordinator

Keep It Healthy nonprofit organization, (Austin, TX) www.keepithealthy.org 9/2005 - 12/2009
Program Designer, Manager and Curricula Developer
 (Described above)

Capital Area Food Bank, (Austin, TX) 9/2006 - 4/2008
Nutrition Educator for the "Choices" program, a health promotion program aimed at teaching low-income children, adults and elderly consumers about healthy eating and healthy cooking. In FY 2007 gave lectures to more than 1,600 clients. In FY 2008 gave presentations to more than 1,500 people in six months (goal for FY 2008 was 3,200 clients).

- Provided lectures in health education and cooking classes to prevent chronic diseases to Food Stamp eligible clients (classes in English and Spanish).
- Created and updated curricula in nutrition education and cooking classes. Followed grant guidelines for implementation of program.
- Wrote reports to funding sources to demonstrate compliance.

Austin / Travis County Human Health Services Department (Austin, TX) 5/2004 – 5/2005
Nutritionist at WIC (Woman, Infant and Children), a federally funded nutrition program. Provided individual and group nutrition consultation.

- Assessed the health of pregnant woman, infants and children up to 5 years of age; provided appropriate nutrition education to the mothers.

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- Monitored clients' weight, measured/plotted growth and performed iron or hematocrit tests.
- Administered and evaluated diet recall and health history.
- Determined nutritional risk and assigned food packages for women and children, and special formulas for infants.
- Delivered program services in compliance with federal, state and county policies and procedures.
- Supervised the clinic when the supervisor was out for meetings.

El Buen Samaritano, (Austin, TX) 1/2004 – 4/2004
Program Manager (Described above)

El Buen Samaritano Clinic, (Austin, TX) 9/2003 – 4/2004
Nutritionist. Provided individual and group nutrition counseling.

- Provided assessment and nutrition education to children and adults.
- Assessed clients' weight, measured/plotted growth.
- Administered and evaluated diet recall and health history.
- Tailored nutrition plans.

The Cooper Institute (Dallas, TX) 1/2002 – 4/2002
Exercise Physiologist. Monitored exercise plans and recorded data for research in women ages 45-75 (i.e. the Dose-Response to Exercise in Women).

- Monitored clients' heart rates at each start of the session, during and end of session.
- Recorded resistances measured by speed or incline to achieve protocol goals.

Baylor University (Waco, TX) 8/2000 – 12/2001
Health Educator at the Baylor Health Education & Wellness Center. Provided individual nutrition/fitness consultation to college students, college athletes, staff and faculty.

- Marketed nutrition and health services to sports team coaches to promote nutrition and fitness services to their athletes.
- Developed and conducted nutrition lectures for sport teams and classes.
- Assessed body composition by skin-fold method, BMI and girth.

EDUCATION

BAYLOR UNIVERSITY (Waco, Texas). Master of Science in Education with a major in Health, Human Performance, and Recreation.

UNIVERSITY OF BUENOS AIRES (Buenos Aires, Argentina). Bachelors of Science in Nutrition. Registered Dietitian in Argentina.

COMMUNITY SERVICE ACTIVITY

Keep It Healthy, Austin, Texas. Board Chair of 'Keep It Healthy' nonprofit organization from 2005-Present. www.KeepItHealthy.org.

Hill Country Seventh-day Adventist Church, Cedar Park, Texas. Health Ministry Director, December 2008-December 2009.

Communities In Schools, Austin, Texas, 2009.

Lions Club, Austin, Texas. Member, 2005- 2008

Seventh-day Adventist Church, Austin, Texas. Volunteer for Hurricane Katrina and Rita, 2005.

American Heart Association, Austin, Texas. Volunteer for Hurricane Katrina, 2005.

El Buen Samaritano, Austin, Texas. Volunteer 2003.

LANGUAGES

Perfect bilingual English and Spanish.

Sonia M. Coyle