



Travis County Commissioners Court Agenda Request

Meeting Date: March 27, 2012

Prepared By/Phone Number: David A. Salazar 854-4107

Elected/Appointed Official/Dept. Head: Sherri E. Fleming,
County Executive for Health and Human Services and Veterans Service

Commissioners Court Sponsor: Judge Samuel T. Biscoe

AGENDA LANGUAGE:

Consider and Take Appropriate Action to Approve a Request from Travis County Health and Human Services and Veterans Service to Use Grant Money from The Children's Continuum to Send Staff from Partner Agencies to a Two-day Training in Austin, Texas.

BACKGROUND/SUMMARY OF REQUEST AND ATTACHMENTS:

In FY2012, Travis County received a grant in the amount of \$550,000 from the US Department of Justice's Office of Juvenile Justice and Delinquency Prevention to enhance the Travis County Drug Treatment Court. Since that time, the Court has sought to provide judicial oversight for parents with substance dependency issues who are involved in the child welfare system by providing resources through a child welfare case worker and a Court Appointed Special Advocate for the children. Attending the proposed training in partnership with The Children's Continuum, a program funded through the grant, will enable case workers to identify a child's needs, take steps for immediate intervention and set up a monitoring system for the welfare of the child.

STAFF RECOMMENDATIONS:

Staff recommends that the Court authorize Travis County and partner agency staff to attend this conference.

ISSUES AND OPPORTUNITIES:

Attending the conference will allow staff from Travis County and partner agencies to develop skills that will help them be more effective serving

AGENDA REQUEST DEADLINE: All agenda requests and supporting materials must be submitted as a pdf to Cheryl Aker in the County Judge's office, Cheryl.Aker@co.travis.tx.us by Tuesdays at 5:00 p.m. for the next week's meeting.

children.

FISCAL IMPACT AND SOURCE OF FUNDING:

Funding will be included in Travis County Health and Human Services and Veterans Service FY2012 Budget. This action will not increase the County Budget.

REQUIRED AUTHORIZATIONS:

Mary Etta Gerhardt, Assistant County Attorney

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**TRAVIS COUNTY HEALTH and HUMAN SERVICES
and VETERANS SERVICE
502 E. Highland Mall Blvd.
P. O. Box 1748
Austin, Texas 78767**

**Sherri E. Fleming
County Executive
for TCHHSVS
(512) 854-4100
Fax (512) 279-1608**

DATE: March 19, 2012

TO: Members of the Commissioners Court

FROM: 
Sherri E. Fleming, County Executive for
Travis County Health and Human Services and Veterans Service

SUBJECT: Travel for The Children's Continuum grant partners

Proposed Motion:

Consider and take appropriate action to approve a request from Travis County Health and Human Services and Veterans Service to use grant money from The Children's Continuum to send staff from partner agencies to a two-day training in Austin.

Summary and Staff Recommendations:

TCHHSVS received a \$550,000 grant in FY'12 from the U.S. Department of Justice, Office of Juvenile Justice and Delinquency Prevention to enhance the Travis County Family Drug Treatment Court. The Travis County Family Drug Treatment Court (TCFDTC) was established in the fall of 2007 as a specialized docket managed by the 126th District Court. The aim is to provide judicial oversight for parents with substance dependency issues who are involved in the child welfare system. Although all children involved with the TCFDTC receive monitoring by a child welfare case worker and Court Appointed Special Advocate, these children, unlike their parents, are not provided with a consistent assessment nor are they connected to an easy to navigate continuum of services.

The grant funds a program, known as The Children's Continuum, that allows early identification of a child's needs, immediate intervention and monitoring. Partners in the program include the Travis County Civil District Courts, Travis County Health and Human Services and Veterans Service, Travis County Child Protective Services, Court Appointed Special Advocates of Travis County (CASA), Austin Recovery, Foundation Communities, the Travis County District Attorney's Office, Casey Family Programs, the Texas Department of State Health Services, and Court Appointed Family Advocates, among others.

There will be five people attending the conference: three from Travis County, one from Child Protective Services, and one from CASA.

Budgetary and Fiscal Impact:

The early bird cost for registration is \$319.19 per person. The regular price is \$349.99 per person.

Issues and Opportunities:

Attending the conference will allow staff from Travis County and the partner agencies to develop skills that will help them be more effective in serving children.

Background:

The purpose of the Family Drug Court Programs run by the Office of Juvenile Justice and Delinquency Prevention (OJJDP) in the U.S. Department of Justice is to build the capacity of states, state and local courts, units of local government, and federally recognized Indian tribal governments to either implement new drug courts or enhance existing drug courts for substance-dependent adults involved with the court as a result of child abuse and neglect issues. Applicants must provide services to the children of the parents in the program as well as to the parents. The program provides seed money, not long-term support. OJJDP expects successful applicants to develop and implement a sustainability plan during the grant period to continue operation of the family drug court when the grant ends.

Cc: Andrea Colunga Bussey, Director, Office of Children's Services, TCHHSVS
 Susan A. Spataro, CPA, CMA, Travis County Auditor
 Jose Palacios, Chief Assistant County Auditor
 Janice Cohoon, Financial Analyst, Travis County Auditor's Office
 Mary Etta Gerhardt, Assistant County Attorney
 Leslie Browder, County Executive, Planning and Budget Office
 Diana Ramirez, Analyst, Planning and Budget Office
 Cyd Grimes, C.P.M., Travis County Purchasing Agent

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2012 Two-Day Trauma Competency Conference

DAY 1 The 10 Core Competencies of Trauma, PTSD, Grief & Loss

DAY 2 Evidence-Based Trauma Treatments & Interventions

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DAY 1 The 10 Core Competencies of Trauma, PTSD, Grief & Loss



2012 Two-Day Trauma Competency Conference

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Tuesday, May 22, 2012

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This two-day seminar delivers the bio-psycho-social aspects of traumatic stress, traumatic grief, & traumatic loss. Mental health professionals are on the front lines and, in many cases, have the initial contact with the individual(s) who has experienced traumatic stress. Clinicians are routinely called upon to serve survivors of major disasters, war, childhood physical and sexual trauma, rape, violent crime, and other forms of traumatic events. Participation in this workshop leads to a holistic and systemic understanding of traumatic stress and provides skills for immediate use in a variety of clinical settings.

How people respond to traumatic stress is an individual matter based on a number of factors including psychological, emotional, social, cultural, biological, spiritual, and familial. The two-day training will involve an analysis of the various defense mechanisms and other coping skills individuals employ during and following the experience of traumatic stress. Key approaches and interventions include:

- Crisis intervention
- EMDR
- Critical incident stress debriefing
- Sensorimotor approaches
- Cognitive-behavioral therapy

This two-day seminar provides a framework for understanding and treating traumatic stress by drawing upon research, practice, and theory. In addition, completion of this two-day seminar meets the educational requirement when applying to become a Certified Clinical Trauma Professional (International Association for Trauma Professionals, www.traumaprofessional.net)

Speaker

Michael G. Rank, Ph.D. is a tenured associate professor at the University of South Florida (USF), School of Social Work and an international scholar and researcher. He is a decorated Vietnam veteran, having served as a combat infantryman in the U.S. Army between 1969-1970. Michael directed Family Advocacy and Children Have a Potential (CHAP) programs for the United States Air Force; was a team leader for the Veterans Administration Vet Center program; and was a director of employee assistance programs for Family Service America. In addition to the clinical services required by each of these positions, he also maintained a private practice specializing in treating stress and anxiety disorders.

Michael has researched, published, and presented seminars and workshops about veterans' issues, treating veterans and their families, the psychological effects of biological and chemical disasters, critical incident stress debriefing, traumatic stress, posttraumatic stress disorder and compassion fatigue. Most notably he completed an investigation of the experiences of survivors of traumatic stress in three countries: Nicaragua, the Dominican Republic, and selected counties in South Florida which was funded by the Office of Naval Research through the USF Center for Disaster Management and Humanitarian Assistance. He has also created a bioterrorism training protocol for mental health preparedness funded by the Department of the Army.

Michael received his doctorate in Social Work Education from the University of South Carolina, his master's degree in Social Work from Bryn Mawr College, and his B.A. in Sociology from Bloomsburg University.

Target Audience: Counselors • Social Workers • Psychologists • Case Managers
Addiction Counselors • Therapists • Marriage & Family Therapists
Other Mental Health Professionals • Nurses

Outline Day 1

I. A Brief History and Evolution of Traumatic Stress, Grief, & Loss

- Systemic traumatic stress theory
- Symptom review
- Review of effective treatments
- TriPhasic model
- Most commonly used instruments to assess traumatic stress

II. 10 Core Competencies of Traumatic Stress, Grief, & Loss

- Bio-psycho-social-spiritual factors that produce anxiety & traumatic stress
 - Precipitating events
 - Meaning making
 - Perception
- Adaptive and maladaptive coping behaviors
 - Five maladaptive choices
 - Systemic influences
 - Emotional & psychological stressors
- Integrated theoretical concepts from stress, crisis, & trauma theories
 - Information Processing Model
 - Psychosocial Model
 - Rank-Nicola Model
- Various interventions employed by professionals to help individuals during times of stress, crisis, and traumatic stress.
 - Cognitive Behavioral Techniques
 - EMDR
 - Thought Field Therapy (TFT)
 - Emotional Freedom Techniques (EFT)
 - Sensorimotor

Adrenal fatigue

- The role of traumatic stress in clinical disorders such as personality disorders, dissociative identity disorder, mood disorders, psychoses, and substance use disorders

Traumagenesis
Traumaddiction
Comorbidity

- Conceptualizing a framework of healing for survivors of traumatic stress

Systemic perspective
Strengths perspective
Survivor metaphor

- "Completion tendency" and "repetition compulsion" in coping & recovery

Integration
Making meaning
Philosophical, existential & spiritual crises

- Traumatic stress exists across the continuum of systemic levels - that is, from the individual (biochemical and psychodynamic), to the family, social, & cultural contexts

Systemic trauma theory
Community trauma
Vicarious traumatization & secondary traumatization

Objectives

- 1 Define clearly the nature of traumatic stress, grief, & loss and their sequelae.
- 2 Explain and apply theoretical models of traumatic stress, grief, & loss.
- 3 Explain traumatic stress, grief, & loss from biochemical, psychological, social & spiritual perspectives.
- 4 List and describe the key current interventions employed for the treatment of traumatic stress, grief, & loss.
- 5 Demonstrate a rudimentary understanding of brain functioning as it relates to traumatic stress.
- 6 Describe the pioneering work that informs evidence based treatments

Outline Day 2

I. THEORIES OF TRAUMATIC STRESS, LOSS, AND GRIEF

- Information processing model
Psychosocial model
Five stage
Seven stage
10 stage
Contemporary thoughts

II. BEREAVEMENT AND ADJUSTMENT DISORDERS

- Diagnostic and Statistical Manual of the APA
DSM-5™ proposed changes
Developmental Trauma Disorder

III. TECHNIQUES/INTERVENTIONS

- Writing/Journaling
Drawing art
Healing metaphors
Transitional objects

IV. DEMONSTRATIONS: INTERACTIVE EXERCISES/ APPLICATION OF SKILLS

- Cognitive Behavioral Techniques
EMDR
Thought Field Therapy (TFT)
Emotional Freedom Techniques (EFT)
Traumatic Incident Reduction (TIR)

V. Needs Assessment

- How needs assessment informs us. Limitations & applications
Creating, developing, administering

VI. Critical Incident Behavioral Health

- Research, theory, & practice
Developing crisis response team
Demonstration and interactive exercises

VII. Closure: Lessons Learned

Objectives

- 1 Demonstrate knowledge of specified theories of traumatic stress, loss and grief.
2 Summarize the changes proposed to the Diagnostic and Statistical Manual of the APA (DSM-5™).
3 Demonstrate and apply in practice, the specified techniques and interventions as demonstrated during the seminar.
4 Describe the limitations and applications of needs assessment.
5 List the core components of Critical Incident Behavioral Health.
6 Describe and apply a non anxious presence.



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This is a book for clinicians. More specifically, it is a book for clinicians to use with their clients affected by trauma's sequelae. Unique in its approach, author Linda Curran not only defines and explains the current trauma paradigm-relevant theories and current neuroscience, but step-by-step demonstrates its in-session clinical utility and applicability.

This is the book that clinicians will refer to daily—the best-of book whose pages are being out due to excessive handling, reformatting, specific pages over and over, and copying handouts for clients.

From assessment through stabilization, from internal and external resources to the working through of traumatic material, each chapter guides the clinician further into trauma's theory and practice. Recommended for all clinicians working with trauma, this book is a clear and concise, reader-friendly summation of the HOW and the WHY of trauma treatment.



Grief: Normal, Complicated, Traumatic. By Linda J. Schupp, Ph.D. The scientific study of grief, accompanied by its vast eclectic approach of available therapeutic techniques, gives rise to the significance and importance of this emerging field. No longer pushed aside in favor of other pursuits, grief research, theories, and therapies has made its presence known in the myriad of occupations.

This book offers a holistic approach to understanding and treating normal, complicated and traumatic grief. Based on a thorough review of previous and current literature, Dr. Schupp has succinctly extracted the most pertinent grief related "triggers" from different theoretical foundations. You will appreciate the immediate applicability of the physiological, psychological and therapeutic techniques.

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If your profession is not listed, please contact your board to determine your continuing education requirements and check for reciprocal approval. Many boards will approve this seminar based on other board approvals. Many boards will approve this seminar based on other board approvals. Many boards will approve this seminar based on other board approvals.

Seminar schedule table with times: 7:30 Registrars, Morning Refreshments; 8:00 Program begins; 11:30-1:30 Lunch (on your own); 4:00 Program ends.

How to Register:

Registration form with fields for Name, Employer Name, Address, City, State, Zip, Home/Cell Ph, Fax, and Email address.

- Check seminar(s)
DAY 1: The 10 Core Competencies of Trauma, PTSD, Grief & Loss
DAY 2: Evidence-Based Trauma Treatments & Interventions
Check Tuition
Indicate method of payment

Checklist of items to bring: 39 Core Competencies of Trauma, PTSD, Grief & Loss CD/DVD Seminar on DVD; Evidence-Based Trauma Treatments & Interventions CD/DVD Seminar on DVD; Save by buying both CD/DVD; DVD Home Study Does Not Meet BACP Certification Requirements; Trauma Competency book; Grief: Normal, Complicated, Traumatic book.

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